

SET 3

PART 1

Choose one word from the list for each gap. The first one is done for you.

People need to be active to be healthy. Our modern lifestyle and all the conveniences
difficulties
substance
conveniences

we've become used to have made us inactive. This inactivity dangerous for our
is
are
that's

health. Sitting around in front of the TV or the computer, in the car for short
trips
riding
driving
moving

and using elevators instead of stairs all contribute to our inactivity. Physical
health
inactivity
movement

is as dangerous to our health as smoking! It is to start slowly and add up your
good
handy
superior

activities a little each day. After three months of physical activity, you will
slow
regular
positive

notice a difference.

(Adapted from *Handbook for Canada's Physical Activity Guide to Healthy Active Living*
pg.4. Canadian Society for Exercise Physiology, Ottawa, Ontario, 1998)

PART 2

Order the sentences below to make a story. The first one (1) is done for you.

- A The teacher told us that we will have a big vocabulary test on Friday.
- B Mum was pleased with my results.
- C We went to watch a movie and she bought me some popcorn.
- D I did very well on Friday's test.
- E Right when I got home from school, I began to study.
- F I read each word and each definition three times.

1. A..... 2. 3. 4. 5. 6.

PART 3

Read the text and complete each gap with a word from the list at the bottom of the page.

The Great Wall of China

The Great Wall of China is one of the most amazing projects in world history. Extending some 3,900 miles northern China, work on this gigantic continued for nearly 2,000 years. The first part of the wall was to be built by Emperor Qin Shi Huang. The wall was built for the purposes of uniting the warring states into a single nation to invaders such as the Mongols from into China. The Great Wall never proved in defence and is also called "The Longest Cemetery on Earth" so many people died during its construction.

(Adapted from: <http://mrnussbaum.com/chinacloze/>)

Example:

amazing

construction	effective	empire	because	infiltrating
power	prevent	ordered	across	uniting

PART 4:

Read the passage quickly. Choose a heading for each numbered paragraph (1 – 7) from the drop-down box. There is one more heading than you need.

LIST OF HEADINGS	
1.	A The 'eye' of the storm
2.	B Storm in the Great Plains
3.	C Financial damage caused by the storms
4.	D Dangerous storms in America
5.	E Tornadoes
6.	F The fury of tornado
7.	G Hurricanes

HURRICANES AND TORNADOES

- 1 Two of the most dangerous storms which afflict America are hurricanes and tornadoes. They are very much feared by anyone who may live in the path of their destruction and cause millions of dollars worth of damage to life and property every year.
- 2 The storm that usually develop between July and October are called the hurricanes. They are similar to cyclones and originate over the waters in the Caribbean Sea. They move upwards hitting the mainland of America somewhere in the Gulf of Mexico or the Atlantic Ocean. Once they hit land they carry tremendous power with driving rain and wind. These winds can attain speeds of over 75 mph. And cover an area of over 500 miles in diameter. Every year homes are destroyed by their fury and often lives are lost.
- 3 At the centre of the storm there is an "eye" with relatively fair weather and warm, dry air aloft. The diameter of the eye is usually about 32 kilometres. When the eye passes the relief is only temporary but soon the wind and rain will suddenly reappear from the opposite direction.
- 4 Hurricanes brings both the heavy rains and a storm tides which causes floods along the coasts areas. The high winds and torrential rains associated with this storm are the main causes of the severe flood. The flooding causes enormous damage and most people who live near the coast are forced to evacuate their homes and to move to safer areas until the storm passes. People living in the wake of a storm are given ample warning to protect their homes. Flashlights or candles are kept prepared in case of electric-power failures and plenty of fresh water should be saved as precautions against the pollution of water supplies by flooding.
- 5 There is another kind of storm in the Midwest of America which is equally feared. It is called a tornado. This type of storm is experienced if one should travel inland across the

Great Plains and the prairie states of America. In these regions, one will most likely not encounter a hurricane but a tornado. Tornadoes are violent low-pressured storms with an intense updraft near their centre which is capable of lifting quite heavy objects from the ground. A tornado, therefore, is a dark, funnel-shaped cloud containing violently rotating air.

- 6 It can pick up trees and cars right into the air and even uplift heavier objects such as homes and railway cars. Like a vacuum cleaner across a rug, it sucks up into the air anything which may lie in its path. These storms occur most often during the summer months and are noticeable by their strong wind and lack of rain. The sky turns black as dust is sucked up into the air.
- 7 Tornadoes travel normally at around 60 kilometres per hour and the winds can reach 800 kilometres per hour in the most violent storms. Tornadoes are most frequent in the United States east of the Rocky Mountains and especially in the central plains area of the Mississippi basin where about 150 occur each year. Tornadoes may also strike the southern states in winter and have even been known to develop in the northeast. Both hurricanes and tornadoes cause millions of dollars worth of damage each year. Today they can be predicted more easily than in the past, but they cannot be stopped or ignored. When they come they must be endured with the hope that one survives their fury and wrath.