

**Choose the best option**

1. Don't ever think gardening is a piece of \_\_\_\_\_. You must spend a lot of time taking care of your plants.  
A. art                      B. cake                      C. paper                      D. work
2. It's \_\_\_\_\_ for a boy to have a hobby of playing dolls.  
A. common                      B. natural                      C. typical                      D. unusual
3. Jacob is a great artist. He is able to \_\_\_\_\_ in both wood and stone.  
A. carve                      B. chop                      C. decorate                      D. manufacture
4. It's really dangerous if you go \_\_\_\_\_ without being able to swim.  
A. skating                      B. surfing                      C. jogging                      D. camping
5. My father used to make \_\_\_\_\_ of planes, motorbikes and cars for me when I was a little boy.  
A. copies                      B. figures                      C. models                      D. images
6. \_\_\_\_\_ gives us beautiful plants, pleasant smelling flowers and fresh fruits and vegetables.  
A. Arranging flowers                      B. Bird-watching                      C. Gardening                      D. Making model
7. His songs always have a strong \_\_\_\_\_.  
A. melody                      B. theme                      C. music                      D. composition
8. It's amazing that artists can carve on such \_\_\_\_\_ material like empty eggshells.  
A. lightweight                      B. narrow                      C. durable                      D. fragile
9. It's nice to have someone you can \_\_\_\_\_ your problems with.  
A. divide                      B. share                      C. distribute                      D. spend
10. Don't miss this \_\_\_\_\_ opportunity to become a member of our club. We recruit members only once a year.  
A. unique                      B. strange                      C. private                      D. original
11. Be careful with that vase - it's very \_\_\_\_\_.  
A. light                      B. healthy                      C. weak                      D. fragile
12. My class has decided to make a \_\_\_\_\_ of postcards and photographs on Vietnamese Teacher's Day.  
A. pottery                      B. collage                      C. report                      D. copy
13. Max \_\_\_\_\_ the wood into the shape of a flower.  
A. polished                      B. repaired                      C. carved                      D. cleaned
14. After I'd finished \_\_\_\_\_, there was dirt from the flower beds all over the path.  
A. gardening                      B. surfing                      C. skating                      D. bird-watching
15. The main material for making \_\_\_\_\_ is clay.  
A. clothes                      B. pottery                      C. melody                      D. collage

**Choose the correct answer.**

1. You can avoid some diseases by \_\_\_\_\_ yourself clean.  
A. keeping                      B. taking                      C. looking                      D. bringing
2. Rob eats a lot of fast food and he \_\_\_\_\_ on a lot of weight.  
A. takes                      B. puts                      C. spends                      D. brings
3. After working on computers for long hours, you should \_\_\_\_\_ your eyes and relax.  
A. sleep                      B. sleep in                      C. wake                      D. rest
4. When you have flu, you may have a cough and a \_\_\_\_\_ nose.

A. runny

B. running

C. flowing

D. noisy

5. I forgot to wear a sun hat today and I got a \_\_\_\_\_.

A. stomachache

B. earache

C. backache

D. headache

6. Don't eat that type of fish: you may have a/an \_\_\_\_\_.

A. sick

B. sore

C. energy

D. allergy

7. Eating a lot of junk food may lead to your \_\_\_\_\_.

A. obesity

B. fitness

C. pain

D. stomachache

8. The seafood I ate this morning makes me feel \_\_\_\_\_ all over.

A. running

B. well

C. itchy

D. weak

Choose the best options to complete the sentences.

1. My sister has an \_\_\_\_\_ to sunflowers so I don't arrange them in the house.

A. earache

B. allergy

C. itchy

D. backache

2. Don't eat much \_\_\_\_\_ because it may cause \_\_\_\_\_.

A. diet – sickness

B. vegetarian – obesity

C. fruits – spot

D. junk food – obesity

3. Drink more water when you have a \_\_\_\_\_.

A. sneeze

B. temperature

C. sickness

D. toothache

4. Some people suffer from \_\_\_\_\_ after losing their jobs.

A. depression

B. allergy

C. spot

D. weak

5. The smoke or dirt can make us \_\_\_\_\_.

A. sunburnt

B. toothache

C. sneeze

D. runny nose

6. I often feel \_\_\_\_\_ whenever I touch cats so I always stay away from them.

A. obesity

B. sickness

C. sunburn

D. itchy

7. Eating too much can also cause a \_\_\_\_\_.

A. sore throat

B. stomachache

C. weak

D. earache

8. My throat hurts a lot when I have \_\_\_\_\_.

A. an cough

B. cough

C. a cough

D. All are correct.

9. I can't \_\_\_\_\_ when you continue to talk about that.

A. concentrate

B. compound

C. coordinate

D. conjunction

10. If you have any questions about health, you can ask our \_\_\_\_\_.

A. vegetarian

B. expert

C. triathlon

D. cough

11. It's a \_\_\_\_\_ that you will turn into a rabbit when you eat lots of carrots.

A. myth

B. depression

C. weak

D. good

12. Do more exercise and eat more vegetables to \_\_\_\_\_.

A. sunburn

B. spot

C. stay in shape

D. put on weight

13. It's great to \_\_\_\_\_ on the beach in the morning.

A. sunburn

B. sunburnt

C. sunbathe

D. sneeze

14. A lot of young people often \_\_\_\_\_ on the weekends.

A. sleep in

B. pay attention

C. stay in shape

D. put on weight

15. Running uses more \_\_\_\_\_ than cycling.

A. weight

B. food

C. triathlon

D. calories



16. You aren't fat, so you don't need to go on a \_\_\_\_\_.  
 A. weight                      B. vegetarian                      C. myth                      D. diet
17. It is said that \_\_\_\_\_ is bad for our health.  
 A. junk food                      B. calorie                      C. compound                      D. conjunction
18. Water is very \_\_\_\_\_ to our bodies.  
 A. bad                      B. essential                      C. necessary                      D. Both B & C are correct.
19. You can \_\_\_\_\_ some diseases by keeping yourself clean.  
 A. do                      B. have                      C. get                      D. avoid
20. Sunscreen, \_\_\_\_\_, hats and gloves can protect sensitive skin from sunburn.  
 A. chapped lips                      B. red spots                      C. lip balm                      D. dry hair
21. I'm always on a diet because I \_\_\_\_\_ on weight easily.  
 A. put                      B. affect                      C. keep                      D. cause
22. You should throw your \_\_\_\_\_ clothes in the washing machine.  
 A. new                      B. old                      C. tidy                      D. dirty
23. She is going to see the doctor because she has \_\_\_\_\_.  
 A. a vitamin                      B. an exercise                      C. a headache                      D. a diet
24. Scarlet dislikes \_\_\_\_\_ such as chips, sweets and fizzy drinks.  
 A. vegetables                      B. junk food                      C. seafood                      D. fruits
25. There are about fifty \_\_\_\_\_ in an apple.  
 A. materials                      B. calories                      C. energies                      D. vegetables
26. The key for them to \_\_\_\_\_ fit is jogging three kilometres every morning.  
 A. put                      B. avoid                      C. affect                      D. keep
27. My cousin is getting sick. He feels weak and \_\_\_\_\_.  
 A. tired                      B. heavy                      C. good                      D. strong
28. Soft drinks can be \_\_\_\_\_ to children's teeth.  
 A. fit                      B. active                      C. harmful                      D. fresh

**Choose the best answer to fill in the blank.**

1. Community service is the work you do for the .....of the community.  
 A. problems                      B. solutions                      C. benefits                      D. causes
2. I'm a member of a .....that helps street children.  
 A. organization                      B. show                      C. talk                      D. programme
3. I'm sure that the project will .....a big difference.  
 A. make                      B. have                      C. do                      D. take
4. It is a non-profit organization that .....the environment.  
 A. provides                      B. protects                      C. helps                      D. supports
5. My classmates and I have .....books and old clothes for street children.  
 A. used                      B. had                      C. collected                      D. carried
6. There are many activities that individuals or organizations .....to benefit the community.  
 A. do                      B. have                      C. take                      D. make
7. The young people love doing volunteer.....in the countryside.  
 A. task                      B. job                      C. work                      D. responsibility
8. My brother sometimes .....blood at a local hospital.  
 A. raises                      B. provides                      C. helps                      D. donates

9. Traditional volunteer activities include .....money for people in need.  
 A. raising B. helping C. making D. borrowing
10. She loves .....postcards and selling them in the market.  
 A. having B. giving C. cutting D. making
11. We came to the remote village and ..... meals for homeless children .  
 A. cook B. offered C. do D. made
12. You should think of ..... the volunteer activities in your community.  
 A. taking in B. taking part in C. participating D. making
13. Traditional volunteer activities include ..... money for people in need, cooking and giving food.  
 A. rising B. raising C. getting D. taking
14. You can help young children by ..... them to do homework before or after school.  
 A. doing B. offering C. teaching D. helping
15. Let's collect and ..... warm clothes to homeless children in our city.  
 A. give away B. give back C. take off D. put on

**Choose the best answer to complete the sentences.**

1. Community service is the work for the ..... of the community.  
 A. benefits B. donations C. programmes D. differences
2. The storm damaged their houses and made them .....  
 A. useless B. helpless C. homeless D. careless
3. Visitors ..... old books for trees at Ho Chi Minh City green fest in June 2019.  
 A. bought B. exchanged C. volunteered D. donated
4. Many old people live and receive medical care in nursing .....  
 A. organisation B. school C. hospital D. home
5. Greenpeace is an international organisation that works to ..... the environment.  
 A. protect B. give C. grow D. reuse
6. Your programme ..... like a lot of fun.  
 A. hears B. sounds C. listens D. speaks
7. This huge bookshop has about 1 million new and ..... books.  
 A. use B. uses C. used D. using
8. Environmentalists want all countries to ..... more waste.  
 A. recycle B. store C. clean D. produce
9. The volunteers can ..... English to children and adults.  
 A. make B. help C. study D. teach
10. There is a ..... to teach the children while they're in hospital.  
 A. doctor B. tutor C. student D. worker

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