

## DEPRESSANTS AND CLUB DRUGS INTERACTIVE WORKSHEET

**Directions:** Fill in the blanks with the appropriate words to complete the sentences about depressants and club drugs.

**Word Bank:** prevention, central nervous, substance, xanax, long-term, cognitive function, addictive, recreational, energy levels, ecstasy

1. Depressants are a class of drugs that slow down the \_\_\_\_\_ system.
2. One common depressant drug is \_\_\_\_\_, which is often prescribed for anxiety and sleep disorders.
3. Depressants can cause drowsiness, slowed breathing, and a decrease in \_\_\_\_\_.
4. Club drugs are a category of drugs often associated with \_\_\_\_\_ settings, such as nightclubs and parties.
5. One popular club drug is \_\_\_\_\_, which is known for its hallucinogenic effects.
6. Club drugs can increase \_\_\_\_\_, alter perception, and induce a sense of euphoria.
7. Depressants and club drugs both have the potential to be \_\_\_\_\_, meaning they can lead to physical and psychological dependence.
8. Misusing depressants and club drugs can have serious \_\_\_\_\_ effects, including overdose and organ damage.
9. It's important to be aware of the risks associated with depressants and club drugs and to seek help if you or someone you know is struggling with \_\_\_\_\_ use.
10. Educating yourself about the effects and dangers of depressants and club drugs is a crucial step in promoting \_\_\_\_\_ and making informed decisions.