PRACTICAL ENGLISH. EPISODE 3

1

THE WRONG SHOES

1. Listen and complete the dialogue.

HOLLY: Hey, Rob, come on. Keep up.

ROB: Sorry. I'm a bit _____this morning.

HOLLY: You aren't exactly in good shape, are you?

ROB: I know, I know. I think I'm eating _____.

HOLLY: Then eat less!

ROB: It isn't easy. I eat out all the time. And the portions in American restaurants are enormous.

HOLLY: You don't do_____ exercise.

ROB: I walk a lot.

HOLLY: _____ isn't enough, Rob. Do you do _____ to keep fit?

ROB: I _____when I'm in London...

HOLLY: So why don't you get a bike here?

LIVEWORKSHEETS

2

ROB: I'm only here for another _____. Anyway, my hotel's near the office. I don't need a bike.

HOLLY: You know, Jennifer goes running all the time. Before and after work. But I just think that running is so _____. I mean, where's the fun?

ROB: Yeah, I'm not very keen on running.

HOLLY: So why don't you play basketball with me and my friends?

ROB: OK. That's a great idea! But I don't have any _____.

HOLLY: Trainers?

Sneakers! You can _____ some.

ROB: Is there a sports shop near here?

HOLLY: Sure, there's one across the street.

2. Match the highlighted phrases and words with each definition.

keep up | a bit | keen on | eat out | get | in good shape | keep fit

1- .....: go as fast as somebody else or continue to do something.
2- .....: to obtain, buy, or earn something.
3- .....: interested in someone or something.
4- .....: a small piece or amount of something.
5- .....: to do exercise regularly to keep your body healthy.
6- .....: to eat away from home, especially in a restaurant.
7- .....: to be in a good state of health or in good condition.

3. Write sentences using the highlighted phrases in exercise 1.

LIVEWORKSHEETS