Refusal – Saying no



1. What is an apologetic refusal?

a) A refusal without any apologies

b) A refusal with an apology

c) A refusal with a threat

2. What is a strong refusal?

a) A polite and soft refusal

b) A refusal with an apology

c) A firm and clear refusal

3. Which of the following phrases could be used to express regret when refusing an invitation?

a) "I'm sorry, but I have other plans."

b) "I'm busy that day."

c) "I can't make it."

4. Which of the following is a polite way to refuse an offer?

a) "No way!"

b) "I wish I could, but I can't."

c) "Absolutely not."

5. Which of the following could be considered a strong refusal?

a) "I don't think so."

b) "I'd rather not."

c) "There's no way I can do that."

6. How can you make an apologetic refusal sound more sincere?

a) Add an excuse for why you can't accept

b) Say "sorry" ten times

c) Use a harsh tone of voice

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7. When is it appropriate to use a strong refusal?



a) When you want to be friendly

b) When you want to be assertive

c) When you want to be polite

8. What is an appropriate response to an invitation you can't accept?

a) "That sounds like fun. Let's do it!"

b) "Sorry, I can't make it this time. Maybe next time."

c) "I don't feel like it."

9. Which of the following is a polite way to refuse a request for help?

a) "No way, I'm too busy."

b) "I'm sorry; I'm really busy right now and I don't have any free time."

c) "Get away from me!"

10. How can you make a strong refusal sound more polite?



a) "Thanks for offering, but that's not something I'm interested in."

b) "Nope, that's ridiculous!"

c) "Why would you even ask me that?"

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