

Refusal – Saying no



1. What is an apologetic refusal?

- a) A refusal without any apologies
- b) A refusal with an apology
- c) A refusal with a threat

2. What is a strong refusal?

- a) A polite and soft refusal
- b) A refusal with an apology
- c) A firm and clear refusal

3. Which of the following phrases could be used to express regret when refusing an invitation?

- a) "I'm sorry, but I have other plans."
- b) "I'm busy that day."
- c) "I can't make it."

4. Which of the following is a polite way to refuse an offer?

- a) "No way!"
- b) "I wish I could, but I can't."
- c) "Absolutely not."

5. Which of the following could be considered a strong refusal?

- a) "I don't think so."
- b) "I'd rather not."
- c) "There's no way I can do that."

6. How can you make an apologetic refusal sound more sincere?

- a) Add an excuse for why you can't accept
- b) Say "sorry" ten times
- c) Use a harsh tone of voice

7. When is it appropriate to use a strong refusal?

- a) When you want to be friendly
- b) When you want to be assertive
- c) When you want to be polite



8. What is an appropriate response to an invitation you can't accept?

- a) "That sounds like fun. Let's do it!"
- b) "Sorry, I can't make it this time. Maybe next time."
- c) "I don't feel like it."

9. Which of the following is a polite way to refuse a request for help?

- a) "No way, I'm too busy."
- b) "I'm sorry; I'm really busy right now and I don't have any free time."
- c) "Get away from me!"



10. How can you make a strong refusal sound more polite?

- a) "Thanks for offering, but that's not something I'm interested in."
- b) "Nope, that's ridiculous!"
- c) "Why would you even ask me that?"