

My busy week ...

Three of our readers tell us about their lives.

Maria Jose lives in Tenerife, Spain. She gets up at 7 o'clock and goes for a walk on the beach. Then she has a shower and makes breakfast for her husband and her two children. She takes the children to school and starts work at 9 o'clock. Maria Jose is a guide and in the morning she shows tourists around the island. She always goes home for lunch and then in the afternoon she works in the tourist office in Santa Cruz. She works from Monday to Friday, and twice a month she also goes to work on Saturday. In her free time she reads books with the children and does exercise with her friend, Carmen.



Kenzo is a bank manager. He works in Osaka, Japan. He usually gets up very early and leaves his flat at 7 o'clock. He takes the train to work and arrives at the bank at 8 o'clock. Kenzo works for 8 hours with a short break for lunch in a café. When he gets home, he normally listens to music and his wife, Mika, cooks dinner for them. At the weekend, he plays golf or tennis with friends. On Saturdays, he and Mika often go to his parents' house in the afternoon for tea. But sometimes he goes to work on Saturday and then he feels stressed.

Francoise is from Switzerland. She's a teacher in a school in Geneva. She is at school for 7 hours every day and also works at home in the evenings but she doesn't work at the weekend. Francoise has a lot of friends and they like to have dinner in expensive restaurants. She goes to bed very late on Saturday evenings. Francoise doesn't do sports or go to the gym, but she has two dogs and she takes them for long walks on Sunday afternoons. Once a month she visits her sister and brother-in-law who live in France.



READ AND CHOOSE THE CORRECT OPTION

1. After breakfast, Maria Jose
2. She does exercise with
3. She works on Saturdays a month.
4. Kenzo goes to work
5. He has lunch
6. At the weekend, he always
7. Francoise doesn't work
8. Her sister lives

1. is Swiss.
2. gets up very early.
3. has children.
4. is sometimes
 stressed because of the job.
5. goes for long walks
 with his/her dogs.
6. often sees his/her
 parents.
7. sometimes works in
 an office.