

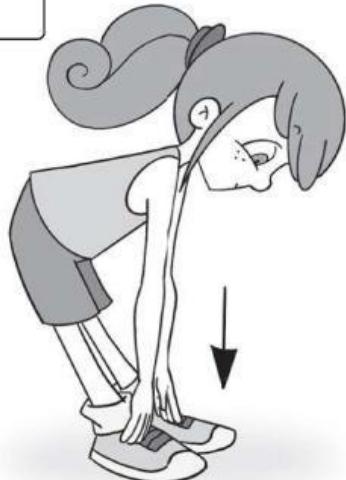
## 1 Read, look and choose the numbers.



1. Stand up.
2. Touch your toes.
3. Twist to the left and twist to the right.
4. Run in place.
5. Sit down.









## 2 Unscramble the sentences.

1. soccer/likes/She/playing/.

2. breakfast/with/I/parents/eat/my/.

3. night/helps/better/sleep/it/you/at/.