

Student's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher's Name: Mis. Shirley M.Q.

## Practice

1. Complete the sentences with a verb from the box. You can use some verbs more than once.

drink eat get

- 1 Did you \_\_\_\_\_ enough sleep last night?
- 2 Did you \_\_\_\_\_ any exercise last week?
- 3 Did you \_\_\_\_\_ breakfast this morning?
- 4 Did you \_\_\_\_\_ lots of water after your exercise?
  
- 5 Did you \_\_\_\_\_ a healthy lunch today?

2.- Look at the pictures. Write the healthy habit.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



### 3 Listen and complete the sentences.

1 \_\_\_\_\_ you get any exercise yesterday?

2 I \_\_ eat any breakfast this morning.

3 Mike is very tired because he \_\_ get enough sleep last night.

4 Beth is very thirsty. She \_\_\_\_\_ drink enough water.

5 you remember to brush your teeth?

6 \_\_\_\_\_ Juan ride his bike to school last week?



4 Look at the word in parentheses after each question and answer.

a. Did Michelle eat a healthy breakfast? (no)  
\_\_\_\_\_.

b. Did Beth and Roger ride their bikes to school today? (yes)  
\_\_\_\_\_.

c. Did your brother get enough sleep last night? (no)  
\_\_\_\_\_.

d. Did you take a shower yesterday? (yes)  
\_\_\_\_\_.

e. Did you eat a healthy lunch at school today? (no)



## 5 Choose the correct word to complete the sentences.

3 I ride my bike to school,  go by bus when it's raining.

**a** but **b** and

go by bus when it's raining.

cor

4 I get enough sleep, very tired. sometimes I don't and I feel

a but b and

cor

5 He watches TV all day, \_\_\_\_\_ eats unhealthy food.

c and



## 6 Listen and answer the questions.

1 Did he get enough sleep? \_\_\_\_\_

## 2 Did he eat a healthy breakfast?

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3 Why does he feel better? \_\_\_\_\_



7 Look at the pictures of Daniel. Write a description of his unhealthy habits.



1



3

4 \_\_\_\_\_



8 Complete the dialogs. Write *did* or *didn't*. Use capital letters as needed.

1 A: Simon, \_\_\_ you eat breakfast yet?

B: No, Mom. I \_\_\_\_\_.

2 A: The school bus will be here soon. \_\_\_ you brush your teeth yet?

B: No, I \_\_\_\_\_.

3 A: Well, you might have to ride your bike, then.

\_\_\_\_\_ you repair it?

B: Yes, I \_\_\_\_\_ !



9 Write about the healthy activities you did last week. Write two or three sentences.

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