

1. Usłyszysz dwukrotnie pięć tekstów. W zadaniach, na podstawie informacji zawartych w nagraniu, z podanych odpowiedzi wybierz właściwą.

a) What should you press if you need to change your appointment?

1

2

3

b) Where does Dana feel the pain at the moment?



c) Where is the girl?



d) The boys are talking about:

keeping fit.

losing weight.

eating healthily.

e) The speaker wants to:

give health advice.

explain what causes sickness.

suggest ways to avoid stress.

2. Usłyszysz dwukrotnie rozmowę na temat problemów zdrowotnych. Na podstawie informacji zawartych w nagraniu uzupełnij luki w poniższych zdaniach. Luki należy uzupełnić w języku angielskim.

- a) Luis tripped over some toys and ..... down the stairs.  
 b) Luckily, he didn't .....  
 c) Luis' brother is sick and can't .....  
 d) Nicole is not sick but ..... feels itchy.

3. Usłyszysz dwukrotnie cztery wypowiedzi na temat urazów i dolegliwości. Na podstawie informacji zawartych w nagraniu dopasuj do każdej wypowiedzi odpowiadające jej zdanie. Wpisz rozwiązania do tabeli.

**Uwaga!** Jedno zdanie zostało podane dodatkowo i nie pasuje do żadnej wypowiedzi.

- A didn't go to school on a Monday.  
 B had a runny nose.  
 C caught an illness from schoolmates.  
 D took some medicine.  
 E had a high temperature.

1	
2	
3	
4	

4. Dla każdej z opisanych sytuacji wybierz właściwą reakcję.

- a) Telefonujesz do przychodni, aby umówić się na wizytę u lekarza. Co powiesz?  
 A Can I ask the doctor something?  
 B I'd like to make an appointment to see the doctor.  
 C The doctor can see me at 3 pm tomorrow.
- b) Dentysta pyta, co Ci dolega? Jak odpowiesz?  
 A I haven't eaten anything for days.  
 B I've had a toothache since Monday.  
 C It comes and goes.
- c) Poważnie skaleczyłeś/-aś się w palec. Jak zwrócisz się do pielęgniarki?  
 A Could you please take a look at it?  
 B Will you be able to cure it?  
 C What can I take for it?
- d) Chorujesz od kilku dni. Koleżanka telefonuje, aby zapytać o Twoje zdrowie. Jak jej odpowiesz?  
 A I'll give you a prescription.  
 B I'm getting better, thanks.  
 C I'm afraid you can't.

5. Uzupełnij dialogi. Wpisz w każdą lukę brakujący fragment wypowiedzi, tak aby otrzymać spójne i logiczne teksty. Luki należy uzupełnić w języku angielskim.

- a) X: ..... have you had these symptoms?  
 Y: Not very long.
- b) X: .....?  
 Y: I've got a high temperature. I took an aspirin earlier but it hasn't gone down.
- c) X: Show me .....  
 Y: Here, at the back of my left knee, doctor.

6. Przeczytaj tekst. Wybierz poprawne uzupełnienie luk

- A: Haywood Dental Centre.  
 B: Hello, I'm calling to ..... an appointment.  
 A: What's the reason for your visit?  
 B: I've got a really bad toothache.  
 A: I'm afraid the ..... we can see you is tomorrow evening at 6:30 pm.  
 B: That's fine.  
 A: ..... I have your name please?  
 B: George Anderson.  
 A: And could you give me a phone number we can reach you .....?  
 B: Sure, it's 865-743-899.  
 A: OK, we'll see you tomorrow.  
 B: Thank you.

7. Uzupełnij zdania. Wykorzystaj w odpowiedniej formie wyrazy podane w nawiasach. Nie należy zmieniać kolejności podanych wyrazów, trzeba natomiast - jeśli jest to konieczne - dodać inne wyrazy, tak aby otrzymać zdania logiczne i gramatycznie poprawne. Wymagana jest pełna poprawność ortograficzna wpisywanych fragmentów. **Uwaga!** W każdą lukę możesz wpisać **maksymalnie trzy wyrazy**, wliczając w to wyrazy już podane.

- a) The chemist (tell/she) ..... take the medicine twice a day.  
 b) Jenny asked the doctor how long it (will/take) ..... for a cough to go away.  
 c) The nurse told me she (can/see) ..... something in my ear.  
 d) Mum (order/we) ..... stop making noise.  
 e) The article says that regular exercise (improve/you) ..... health.

8. Przeczytaj tekst. Spośród podanych wyrazów wybierz te, które poprawnie uzupełniają luki. Wpisz odpowiednią literę (A-F) obok numeru każdej luki. **Uwaga!** Trzy wyrazy zostały podane dodatkowo i nie pasują do żadnej luki.

A stay                      C improve                      E ways



Spinach is packed with vitamins and nutrients like beta-carotene, which can ..... your eyesight and Vitamin K which helps build strong bones. There are so many ..... to eat it; try spinach salad, spinach pasta or a spinach shake! You could even come up with your ..... spinach recipes and benefit from this wonder food; you won't regret it!



9. Przeczytaj teksty. W zadaniach z podanych odpowiedzi wybierz właściwą, zgodną z treścią tekstów.

**Health and Wellness Fair**

**Where:** Marshville High School

**When:** 14th June - 1 pm-5 pm

**Come for information about:** healthy recipes, natural remedies for common illnesses, how to have fun and get fit, and so much more! £5\* to attend. All are welcome!

\*Marshville High School students receive 20% off entry.

a) To get a discount for the Health and Wellness Fair:

- A you have to arrive at 1 pm
- B you need to bring a healthy recipe.
- C you must be a student there.



Health\_Fan14 gives *The Healing Power of Olive Oil* by Colin Oriol five stars ★★★★★

Health\_Fan14 said: "A fascinating history of olive oil

from ancient Greece until today. Oriol also talks about the health benefits of olive oil and offers some delicious recipes. A great read!"

b) The text is:

- A a blog post about ancient history.
- B a leaflet about olive oil.
- C a review of a book.

**I Avoiding a Cold**

Did you know that cold viruses enter the body through the eyes and nose? Therefore, you should try to avoid the urge to touch or rub them. Washing your hands often is important, especially if people around you are suffering from colds. Exercising regularly is also a great way to reduce stress and boost your body's ability to kill viruses.

**II Attention all visitors:**

Please wash your hands well before entering the hospital to prevent illnesses like cold and flu from spreading. Thank you.

c) Both texts (I. and II.) are about:

- A the dangers of cold viruses.
- B the benefits of hand washing.
- C how to avoid infecting others.

Sam,

Could you take the dog to the vet? He hasn't touched his food, and he hasn't moved very much either. He didn't even want to play outside when I took him for a walk. I made an appointment for 7. Please don't be late! I'd go myself, but I have to work.

Linda

d) Linda left a note for Sam to:

- A ask him to bring the dog to the vet.
- B remind him to feed and walk the dog.
- C tell him to play with the dog outside.

10. Wstaw odpowiednie wyrazy, by utworzyć poprawne wyrażenia.

make      reduce      common      natural      suffer

- a) ..... from a cold
- b) ..... stress
- c) ..... remedies
- d) ..... illness
- e) ..... an appointment

11. Should the patient be worried?



12. Przeczytaj tekst, z którego usunięto cztery zdania. Wpisz w każdą lukę literę, którą oznaczono brakujące zdanie, tak aby otrzymać logiczny i spójny tekst. **Uwaga!** Jedno zdanie zostało podane dodatkowo i nie pasuje do żadnej luki.



Australia is a huge country with vast areas of desert and wasteland. Because of this, many Australians who live in rural areas are hundreds or even thousands of kilometres away from the nearest hospital. .... The Royal Flying Doctor Service (RFDS) was established in Australia in the late 1920s and in the beginning only consisted of one plane and one doctor. .... The aim of the RFDS is to provide high-quality medical care

to people living in remote areas of Australia. .... The RFDS also transports patients from smaller hospitals to bigger ones and provides health care education to people living in isolated areas. .... That's about 740 patients a day!

- A Aircrafts and doctors are on call 24 hours a day, every day of the year and no call goes unanswered.
- B In fact, on average, it takes just one hour for an RFDS aircraft to reach its destination.
- C However, in the event of a medical emergency, these people can call a flying doctor to come and help them!
- D All in all, the RFDS helps over 270,000 people every year!
- E Today, though, it has fifty-three aircraft and almost one thousand people on staff!

13. Przeczytaj podany niżej wpis na blogu. Ułóż akapity we właściwej kolejności.

Miałeś/-aś wypadek. Opisz go na swoim blogu (50-120 słów).

- Wyjaśnij, kiedy i gdzie doszło do wypadku.
- Napisz, jakie obrażenia odniosłeś/-aś i jak się czułeś/-aś.
- Przedstaw podjęte leczenie.

Hello friends!,

A Now, I'm wearing a plaster cast and I have to rest my arm for a few weeks to help the bone heal. What a bummer! No more football for a while!

B It really hurt so the coach called my parents and they drove me to the hospital. The doctor took an X-ray and told me that my arm was broken.

C What a terrible week! I'm writing to tell you about my injury. I was playing football with my teammates at school when I slipped and fell on my left arm.

XYZ

14. Uzupełnij wpis, wzorując się na poprzednim zadaniu.

woke      look      turn      into      honest      brave      swollen      stitches      middle      imagine

Hi everyone!

You can't ..... what happened to me last night. I got up in the ..... of the night to get a glass of water and I forgot to ..... on the light, so I bumped ..... a door in the dark and hit my mouth and cut my lip! I ..... up my dad and he took me to hospital. To be ....., I was in pain but I tried to be ..... and not cry. After an hour, a doctor in the emergency department gave me ..... . I just have to take aspirin for the pain and put ice on my face, because it's ..... and blue and I ..... really ugly. No photos from me this week!

XYZ