



goals  
to brainstorm, flip through, get out there, coordinate, be proud of, reward you, reward assets, depend on, wear an elegant, sophisticated.

Read the examples and write original sentences using the words in bold to demonstrate their meaning.  
Focus on creating sentences that show how the words are used in real-life situations.

**Shield one's eyes:**

When the bright sun rose, Jane had to **shield her eyes** with her hand to avoid the glare.

**Nose job:**

After the accident, Sarah considered getting a **nose job** to correct the slight deformity in her nose.

**Butt:**

The new fitness program helped Alex tone his **butt** and achieve a more sculpted physique.

**Objectify:**

It's important to treat people with respect and not **objectify** them based solely on their appearance.

Read the text. What's the name of the class Sarah wants to attend?

«XXX XXXX» =

The Glamorous Spa Mix-Up

Once upon a time in the lively city of Harmonyville, four friends - Emma, Sarah, Jack, and Mike - decided to treat themselves to a relaxing day at the renowned "Harmony Spa." Emma, being the prankster of the group, thought of a fun way to surprise her friends during their spa adventure.

One sunny morning, they met at the spa, and Emma proudly showed them an amusing advertisement she had created for the latest "Nose Job" treatment.

"Hey, guys! Look what I found! I think I need a nose upgrade!" Emma giggled, holding up the advertisement.

"Wow, Emma! A nose upgrade? That's hilarious!" Mike chuckled, playing along.

As they entered the elegant Harmony Spa, they were welcomed by soothing music and the refreshing scent of essential oils. The receptionist explained all the exciting treatments available, including a «XXX XXXX» exercise class that caught Sarah's eye.

"I've always wanted to tone my buttocks! This class sounds perfect!" Sarah exclaimed.

Emma exchanged mischievous glances with the receptionist, and they secretly arranged for Sarah to participate in the class later, but for one small detail - Sarah had already taken the class before!

The friends took turns experiencing various luxurious treatments, from rejuvenating facials to blissful massages.

They shielded their eyes with cucumber slices during a relaxing session of aromatherapy.

After their pampering session, they gathered by the pool, enjoying the warm sun on their skin.

"You know," Jack began thoughtfully, "if we hadn't decided to come to Harmony Spa today, we wouldn't have experienced this blissful day together".

"You're right," Emma agreed, "and if I had known about the Nose Job prank, I would have come up with an even better surprise!"

As they laughed and shared stories, Sarah was getting more excited about the «XXX XXXX» class. Little did she know that her friends were in on the joke.

Finally, the moment came for Sarah's «XXX XXXX» class. Emma couldn't contain her laughter as Sarah entered the room, pretending to be surprised.

"Surprise, Sarah! You thought you were going to try something new, but for the surprise, you've already mastered the «XXX XXXX»!" Emma revealed, bursting into laughter.

The whole group joined in the laughter, and Sarah couldn't help but laugh at herself too.

In the end, the friends realized that it wasn't the treatments that made their day memorable; it was the joy of being together and sharing lighthearted moments. As the sun set on their delightful spa adventure, they knew that their friendship was the real treasure, shining brightly like a harmonious melody in the city of Harmonyville.



Fill in the gaps with didn't / wasn't / haven't / has / had

- She \_\_\_\_\_ happy with her appearance after the accident, so she considered getting a **nose job**.
- He \_\_\_\_\_ enjoy the beach vacation because he felt self-conscious about his **butt**.
- By the time they arrived at the beach, the sun \_\_\_\_\_ already set, and they \_\_\_\_\_ have to **shield their eyes** from the glaring afternoon sun.
- She \_\_\_\_\_ never **objectified** anyone based on their physical attributes; she believes in appreciating people for who they are.
- I \_\_\_\_\_ done a **nose job** because I believe in accepting and embracing my natural features.