

## Lesson 29: 4C – Short life, long life?

### 4 LISTENING

a **iChecker** Listen to an interview with Mark. Answer the questions.

- 1 What does he do? \_\_\_\_\_
- 2 Does he like his job? \_\_\_\_\_
- 3 When does he work? \_\_\_\_\_



#### Learn these words and phrases.

customers /'kʌstəməz/  
everyone /'evriwʌn/  
everything /'evriθɪŋ/  
menu /'menju:/  
busy /'bɪzi/  
ready /'redi/  
a couple of (hours) /ə 'kʌpl əv/  
go back /gəʊ 'bæk/  
prepare food /prɪpeə 'fu:d/  
enjoy /ɪn'dʒɔɪ/

b **iChecker** Listen again. Number the activities in the order Mark does them.

- 1 Mark starts work at 7 p.m.
- 2 He goes to bed.
- 3 He goes to the gym.
- 4 He goes home.
- 5 He has a hamburger or a pizza.
- 6 He watches TV or checks his emails.
- 7 He gets up.
- 8 He has breakfast.
- 9 He sleeps for eight hours.
- 10 He has dinner.
- 11 He finishes work.
- 12 He has a shower.

## 1 GRAMMAR position of adverbs and expressions of frequency

a Complete the *You* column in the chart. Then complete the sentences with a verb and an adverb of frequency.

				
		Matt	Becky	You
always	✓✓✓✓✓			
usually	✓✓✓✓			
often	✓✓✓			
sometimes	✓✓			
hardly ever	✓			
never	-			
sleep for eight hours	✓✓✓✓		✓✓	
be relaxed	✓✓✓✓✓		✓✓✓	
do sport or exercise	✓✓		-	
eat healthy food	✓✓✓		✓	
be ill	-		✓✓✓✓✓	

1 Matt usually sleeps for eight hours.

2 He is relaxed.

3 He does sport or exercise.

4 He eats healthy food.

5 He is ill.

6 Becky sleeps for eight hours.

7 She is relaxed.

8 She does sport or exercise.

9 She eats healthy food.

10 She is ill.

11 I sleep for eight hours.

12 I am relaxed.

13 I do sport or exercise.

14 I eat healthy food.

15 I am ill.

**b** Put the adverb of frequency in the correct place as in two examples.  
Then **say out loud** your answers (*click on the microphone symbol to record*).

1 Pilots sleep in hotels. (often)

Pilots often sleep in hotels.

2 The children walk to school. (every day)

The children walk to school every day.

3 Mike rides his motorbike to work. (sometimes)

\_\_\_\_\_.

4 My girlfriend is late. (never)

\_\_\_\_\_.

5 I see my grandparents. (every weekend)

\_\_\_\_\_.

6 Ellie drinks coffee. (three times a day)

\_\_\_\_\_.

7 I'm hungry. (always)

\_\_\_\_\_.

8 We study English. (twice a week)

\_\_\_\_\_.