

## Lesson 29: 4C – Short life, long life?

### 4 LISTENING

a **iChecker** Listen to an interview with Mark. Answer the questions.

- 1 What does he do? \_\_\_\_\_
- 2 Does he like his job? \_\_\_\_\_
- 3 When does he work? \_\_\_\_\_



#### Learn these words and phrases.




customers /'kʌstəməz/  
everyone /'evriwʌn/  
everything /'evriθɪŋ/  
menu /'menjuː/  
busy /'bɪzi/  
ready /'redi/  
a couple of (hours) /ə 'kʌpl əv/  
go back /gəʊ 'bæk/  
prepare food /prɪpeə 'fuːd/  
enjoy /ɪn'dʒɔɪ/

b **iChecker** Listen again. Number the activities in the order Mark does them.

- ☒ 1 Mark starts work at 7 p.m.
- ☐ He goes to bed.
- ☐ He goes to the gym.
- ☐ He goes home.
- ☐ He has a hamburger or a pizza.
- ☐ He watches TV or checks his emails.
- ☐ He gets up.
- ☐ He has breakfast.
- ☐ He sleeps for eight hours.
- ☐ He has dinner.
- ☐ He finishes work.
- ☐ He has a shower.

# 1 GRAMMAR position of adverbs and expressions of frequency

- a Complete the *You* column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always	✓✓✓✓			
usually	✓✓✓✓	Matt	Becky	You
often	✓✓✓			
sometimes	✓✓			
hardly ever	✓			
never	-			
sleep for eight hours	✓✓✓✓		✓✓	
be relaxed	✓✓✓✓✓		✓✓✓	
do sport or exercise	✓✓		-	
eat healthy food	✓✓✓		✓	
be ill	-		✓✓✓✓✓	

- 1 Matt usually sleeps for eight hours.
- 2 He \_\_\_\_\_ relaxed.
- 3 He \_\_\_\_\_ sport or exercise.
- 4 He \_\_\_\_\_ healthy food.
- 5 He \_\_\_\_\_ ill.
- 6 Becky \_\_\_\_\_ for eight hours.
- 7 She \_\_\_\_\_ relaxed.
- 8 She \_\_\_\_\_ sport or exercise.
- 9 She \_\_\_\_\_ healthy food.
- 10 She \_\_\_\_\_ ill.
- 11 I \_\_\_\_\_ for eight hours.
- 12 I \_\_\_\_\_ relaxed.
- 13 I \_\_\_\_\_ sport or exercise.
- 14 I \_\_\_\_\_ healthy food.
- 15 I \_\_\_\_\_ ill.

- b** Put the adverb of frequency in the correct place as in two examples.  
Then **say out loud** your answers (*click on the microphone symbol to record*).

1 Pilots sleep in hotels. (often)

Pilots often sleep in hotels.

2 The children walk to school. (every day)

The children walk to school every day.

3 Mike rides his motorbike to work. (sometimes)

\_\_\_\_\_.

4 My girlfriend is late. (never)

\_\_\_\_\_.

5 I see my grandparents. (every weekend)

\_\_\_\_\_.

6 Ellie drinks coffee. (three times a day)

\_\_\_\_\_.

7 I'm hungry. (always)

\_\_\_\_\_.

8 We study English. (twice a week)

\_\_\_\_\_.