

Food and cooking

VOCABULARY BANK

1 FOOD

a Match the words and photos.

Fish and seafood

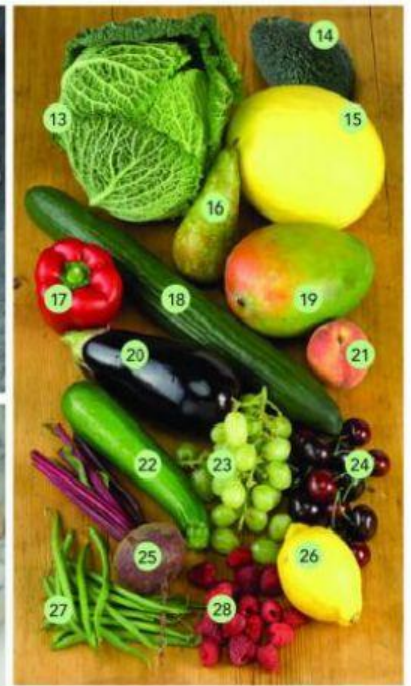
- 1 crab /kɹæb/
- lobster /'lɒbstə/
- mussels /'mʌslz/
- prawns /'prɔːnz/
- salmon /'sæmən/
- squid /skwɪd/
- tuna /'tjuːnə/

Meat

- beef /biːf/
- chicken /'tʃɪkɪn/
- duck /dʌk/
- lamb /læm/
- pork /pɔːk/

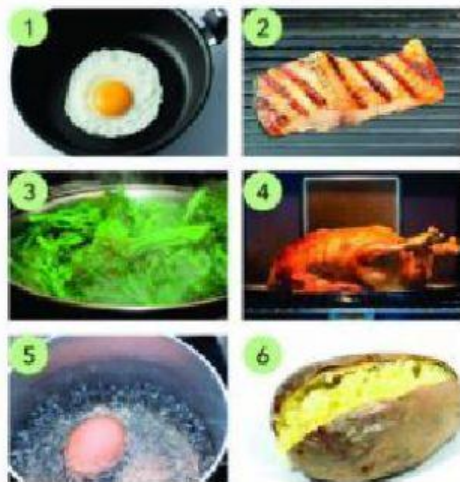
Fruit and vegetables

- aubergine /'aʊbəʒiːn/ (AmE eggplant)
- avocado /ə'veɪkə'doʊ/
- beetroot /'biːtɹʊt/
- cabbage /'kæbɪdʒ/
- cherries /'tʃerɪz/
- courgette /kə'reɪʒet/ (AmE zucchini)
- cucumber /'kjuːkʌmbə/
- grapes /'ɡreɪps/
- green beans /ɡriːn 'biːnz/
- lemon /'leɪmən/
- mango /'mæŋɡəʊ/
- melon /'melən/
- peach /piːtʃ/
- pear /peə/
- raspberries /'ræzpbɛrɪz/
- red pepper /red 'peɪpə/



2 COOKING

a Match the words and photos.



- baked /beɪkt/
- boiled /bɔɪld/
- 1 fried /fraɪd/
- grilled /ɡrɪld/
- roast /rəʊst/
- steamed /stiːmd/

3 PHRASAL VERBS

a Complete the phrasal verbs with a word from the list.

down on out (x2)

- 1 I **eat** _____ a lot because I often don't have time to cook. Luckily, there are lots of good restaurants near where I live.
- 2 I'm trying to **cut** _____ coffee at the moment. I'm only having one cup at breakfast.
- 3 The doctor told me that I should completely **cut** _____ all cheese and dairy products from my diet.

Look at some quotes about food from Pinterest. Complete the gaps with a word or phrase from the list.

cake cookie fruitsalad onions pasta pear tomato

