

Name: _____

Class: _____

Total: _____/30

Vocabulary

1 Complete the sentences with one word in each gap.

- 0 I've just taken up running. I want to take part in the New York City marathon next year.
- 1 We are doing a run to help _____ money for cancer research.
- 2 If you continue to eat sweets every day, you will definitely _____ weight.
- 3 She is in a _____ condition after the accident, and the doctors aren't sure she will survive.
- 4 Did you learn how to give first _____ at school? Would you be able to help somebody in danger?
- 5 I couldn't help notice that Carrie had a new gold watch on her _____ and a diamond ring on her finger.

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2 Complete the sentences with the missing verbs. The first letters are given. Use the definitions in brackets to help you.

- 0 Many emergency workers deliver (bring into the world) a baby in someone's home or on the way to hospital.
- 1 Instead of giving them gifts for their anniversary, my parents would like you to d _____ (give for the purpose of providing help) money to their favourite charity.
- 2 Simple mosquito nets can s _____ (protect) lives in areas where the insects spread disease.
- 3 I'm taking part in the charity walk next weekend. You can s _____ (give money to someone who is taking part in an event organised by a charity) me if you want.
- 4 You won't be able to buy these tablets if a doctor doesn't write a p _____ (an order for a medication) for you.
- 5 There isn't enough equipment to t _____ (give medical care) this disease here. You need to go to the capital.

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Grammar

3 Complete the sentences with the correct form of the verbs in the box.

be	not have	not hurt
join	learn	stop

- 0 If I were you, I wouldn't touch the cut with a dirty hand.
- 1 My friend is complaining about his health all the time. I wish he _____!
- 2 If I wanted to get more exercise, _____ (you) a gym with me?
- 3 I've been walking all day! I'm really tired and I wish my feet _____ so much.
- 4 If George _____ a car, he would probably go to work by bike.
- 5 I would like to know more about being healthy. If only we _____ more about eating habits at school!

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4 Complete the second sentence so that it has a similar meaning to the first.

- 0 The expedition was a complete disaster because the climbers left too late.
If the climbers had left earlier, the expedition wouldn't have been a complete disaster.
- 1 The weather was horrible last night, so Thomas decided to stay at home.
If the weather hadn't been horrible last night, _____.
- 2 I didn't tell the doctor about the headaches because he didn't ask me about them.
If the doctor had asked me about the headaches, _____.
- 3 I disagreed so strongly because I thought the nurse was wrong.
I wouldn't have disagreed so strongly _____.
- 4 Anna didn't want to go to the dentist until she got terrible toothache last week.
If Anna hadn't got terrible toothache last week, _____.
- 5 I was so hungry because we didn't have anything for lunch.
I wouldn't have been so hungry if _____.

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Use of English

5 Choose the correct option.

HEALTH

When you go to ⁰ A a new doctor, you are likely to hear the same questions that you've answered hundreds of times before. 'Do you take any medication? Are you allergic to anything? Have you ever broken a bone or ¹ ___ your shoulder?' Actually, I had lots of accidents when I was a child. For example, when I was ten, I had to spend a month in bed after a bad fall. My mother blamed herself and would repeat, 'If you hadn't climbed that tree, you ² ___ two ribs.' She became overprotective after the accident. She was always worried about my health, and I knew that it ³ ___ her heart every time I got ill or injured. That didn't change my behaviour, though. I don't have any children, but if I ⁴ ___, I wouldn't try to protect them from all possible dangers. It never works. Sometimes you just can't prevent them ⁵ ___ getting hurt. And I think it is the lack of physical activity that is more dangerous for most people nowadays.

- 0 A see B look C watch
 1 A removed B dislocated C turned
 2 A won't break B wouldn't break
 C wouldn't have broken
 3 A broke B damaged C hurt
 4 A have B did C had had
 5 A off B from C out of

/5

6 Complete the second sentence so that it has a similar meaning to the first. Use the word in CAPITALS.

- 0 I often wash my hands so that I won't get sick. AVOID
 I often wash my hands to avoid getting sick.
 1 Helen is staying home from work so that she won't give others her flu. AS
 Helen has been staying home from work so _____ others.
 2 These tablets are disgusting – I hate them. NOT
 If _____ so disgusting!

- 3 I don't have enough money to study medicine in Oxford. IF
 I would study medicine in Oxford _____ more money.
 4 She wasn't serious when she told you that. She was joking. LEG
 She was just _____.
 5 Helen broke her leg because she went snowboarding without any training. GONE
 If Helen _____ without any training, she wouldn't have broken her leg.

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Reading

3 Read and match texts A-C with sentences 1-4.
One text has two matching sentences.

Animals save lives too!

A Therapy animals

Animal assisted therapy is a type of treatment offered to certain patients to help them feel better. Therapy animals are particularly useful for people who have been involved in accidents or had illnesses and need extra support as they recover at home. They are also used to treat people suffering from conditions such as autism. The main thing these animals provide is comfort and friendship, to help people feel relaxed and calm. Dogs, cats, horses, pigs and even reptiles are all trained as therapy animals, sometimes visiting people in hospitals and others going to live with people at home. Therapy animals do not need a lot of training. They need to know basic commands and must interact well with humans. In fact, anyone with a pet can volunteer to offer animal assisted therapy. So if you are kind and caring and your pet is too, this could be an opportunity to do something good.

B Hearing dogs

When we think of dogs helping people with disabilities, we usually think of guide dogs for the blind, but just as important are hearing dogs for deaf people. There are obvious dangers for people who can't hear such as not noticing alarms, but there are many other ways that hearing dogs help their human companions. Alarm clocks, door bells and mobile phone notifications can all easily be missed by deaf people living or spending time alone. Hearing dogs are very highly trained. It takes up to two years to prepare a puppy for work, and many of the dogs chosen for the job do not go on to become hearing dogs. They just don't have the right skills and personality. When the right dog is matched to the right person though, the

relationship between the dog and owner can be very strong.

C Rats discovering landmines

Where dogs used to be the animal of choice for clearing dangerous war zones from explosives, a new and unlikely animal is now being used in Cambodia. Almost completely blind, the African giant pouched rat has such a good sense of smell that it is perfect for detecting hidden dangers. They are easier to transport than dogs and a lot cheaper. They also work much faster and are smaller so don't need much space to live. However, dogs are a lot easier to train. The rats don't understand spoken commands so are trained to understand different clicking sounds. They are also more afraid of humans and it takes a long time for them to learn how to wear a harness. In fact, it takes almost a year to train them and they only live to an average age of eight. It's all worth it though. The rats have made a huge difference to people's lives. People are now able to move around without fear which has greatly improved their general health and well-being.

Which text mentions an animal that...

- 1 is difficult to train? _____
- 2 may not be suitable for the job it is trained to do?

- 3 can do its job without much training? _____
- 4 takes a long time to trust humans? _____

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