



Put your right          on your left

Your left          on your right.

Your          move in and out.

Your          stay tight.

Now keep on with your moving

But switch          on your          .

Keep on moving in and out

Till we say freeze.

Come on, move and freeze (4 times)

Put one          across your

One          across your          .

Now, jump in place.

Do you like it like that?

Yeah!