at last:	finally
at least:	no less than; the minimum that could be done
at night:	late in the evening
at noon:	in the middle of the day
at peace/war:	in a state of harmony/conflict
at present:	now
at the same time:	simultaneously

1. The unemployment rate is high _____ .
2. You could _____ clean up your room. You don't do anything to help me with the housework.
3. He started working on this report at 8:00 am and stopped _____ for lunch.
4. You shouldn't eat and talk _____.
5. _____ the bus arrived. We had been waiting for an hour.
6. The baby always woke up _____ and started crying. It was afraid of the dark.
7. In order to be happy, you should always be _____ with yourself.

LIVEWORKSHEETS