

# THE RESEARCH DATA

Nouns: quantities and quantifiers

much x many

little x few

# LISTEN AND REPEAT



🎧 Congenital heart disease	🎙
🎧 Randomized trial	🎙
🎧 Oxygen consumption	🎙
🎧 Minute ventilation	🎙
🎧 Basal metabolic rate	🎙
🎧 Cholesterol	🎙
🎧 Triglycerides	🎙

LIVE **LIVEWORKSHEETS**

Fill in the gaps with the vocabulary below.

oxygen consumption

basal metabolic rate

cholesterol

triglycerides

randomized trial

minute ventilation

1. The researchers conducted a \_\_\_\_\_, assigning participants to different treatment groups to evaluate the effectiveness of the interventions.
2. They measured the participants' \_\_\_\_\_ during the exercise test to assess their aerobic capacity.
3. The study revealed that the participants' \_\_\_\_\_, which represents their breathing volume per minute, significantly increased after the intervention.

Fill in the gaps with the vocabulary below.

**oxygen consumption**

**basal metabolic rate**

**cholesterol**

**triglycerides**

**randomized trial**

**minute ventilation**

4. The researchers also investigated the impact of the intervention on \_\_\_\_\_, which is the amount of energy the body consumes at rest.
5. The study examined the relationship between \_\_\_\_\_ levels and cardiovascular health, as high \_\_\_\_\_ levels can increase cardiovascular risks.
6. Additionally, the researchers analyzed \_\_\_\_\_, another type of lipid, to explore their association with the participants' overall health and response to the intervention.

Practice the pronunciation of the statements below

- 🎧 A congenital heart disease affects the heart's structure and function. 🎤
- 🎧 The researchers conducted a randomized trial 🎤
- 🎧 to evaluate the effectiveness of the interventions. 🎤
- 🎧 The study revealed that the participants' minute ventilation 🎤
- 🎧 significantly increased after the intervention. 🎤
- 🎧 The researchers also investigated the impact of the intervention. 🎤
- 🎧 The study examined the relationship between 🎤
- 🎧 cholesterol levels and cardiovascular health 🎤
- 🎧 the researchers analyzed triglyceride levels 🎤

## NOUNS - QUANTIFICATION

Listen and repeat the English forms of the expressions below:

'quanta?' 'muita' , inflamação 'demais':

*how much inflammation / so much / too much inflammation*

 'pouco': a little / little

muitos riscos (de morte, de acidente):

*many risks (of death, of accident) / so many risks*

 'poucos': a few / few

'quanto?' risco cardiovascular

*How much cardiovascular risk?*

Complete with:

Much / little / a little – Many / few / a few

1. The CRP test shows how \_\_\_\_\_ inflammation there is in the body
2. \_\_\_\_\_ inflammation can be good.
3. How \_\_\_\_\_ cardiovascular risk is considered too \_\_\_\_\_?
4. There is \_\_\_\_\_ cardiovascular risk in healthy people.
5. \_\_\_\_\_ biomarkers have been identified.

## Listen and repeat

-  The CRP test shows how much inflammation there is in the body 
-  A little inflammation can be good. 
-  How much cardiovascular risk is considered too much? 
-  There is little cardiovascular risk in healthy people. 
-  Many biomarkers have been identified. 

Complete with: some - any - no

1. \_\_\_\_\_ patients with congenital heart disease were included in the study.
2. The researchers analyzed the data and found that \_\_\_\_\_ significant differences were observed between the control group and the treatment group.
3. Did the study find \_\_\_\_\_ correlation between body mass index and cardiovascular risk factors?