HEALTH

Task 1. VERBS. Complete the text below with one of the words or expressions from the box.

fall ill • recuperate • examine • operate • take exercise • suffer • refer treat • look after • keep fit • get well • cure • pick up

Most people believe it's very important to ***1.***_____ in order to ***2.***_____, but even the fittest person can sometimes ***3.***_____, no matter how hard they ***4.***_____ their health. If you do become ill, of course you want to ***5.***_____ as soon as possible. With most minor illnesses, such as a cold or flu, it's usually possible to ***6.***_____ yourself by taking lots of rest and drinking plenty of liquid. However, if you ***7.***_____ from something more serious, you will have to go to your doctor. He will ***8.***_____ you and, if possible, ***9.***_____ you with medicine which you can ***10.***_____ from your local chemist. If you have an unusual illness, your doctor may ***11.***_____ you to a specialist or a hospital, who may decide to ***12.***_____ on you if your illness is serious. You will then have to ***13.***_____, and this can take a long time.

Task 2. NOUNS. Medical words. Look at the definitions on the left. The first letter of each word has been given to you.

1. room where a doctor or dentist sees and examines a patient. (s)
2. person who looks after sick people. (n)
3. order written by a doctor to a pharmacist asking for a drug to be prepared and sold to a patient. (p)
4. doctor who specializes in surgery. (s)
5. department in a hospital for accident victims. (c)
6. sick person who is in hospital or who is being treated by a doctor, dentist, etc. (p)

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7. room or set of rooms in a hospital, with beds for 6. above. (w)

8. person who studies and treats mental disease. (p)

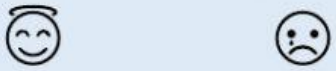
9. agreed time for a meeting to see your doctor or dentist. (a)

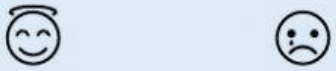
10. medical specialist attached to a hospital. (c)

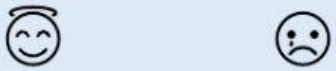
11. professional nurse who helps a woman give birth, often at home. (m)

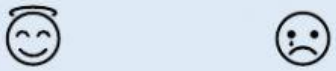
12. change in the way a body works or looks, showing that a disease is present and has been noticed by the patient or doctor. (s)

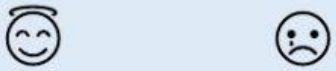
Task 3. IDIOMS, COLLOQUIALISMS AND OTHER EXPRESSIONS. Feeling well / feeling sick. How would you feel in the following situations?

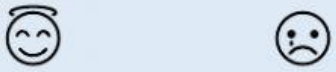
1. You are **under the weather** 

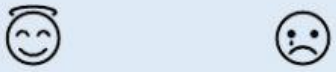
2 Your condition is **touch-and-go** 

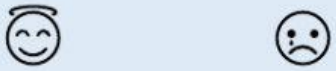
3 You look **washed out**: 

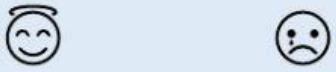
4. You have **come down with something** 

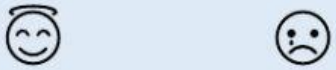
5. You are as f**it as a fiddle** 

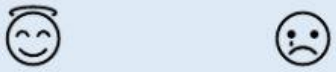
6. You are in **good shape** 

7. You have taken a **turn for the worse** 

8. You are **not feeling yourself** 

9. You are **laid up with something** 

10. You feel **lousy** 

11. You feel **on top of the world** 

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12. You feel **groggy**:  

13. You're **glowing**  

14. You're **in the pink**  

15. You look like **death warmed up**  

16. You feel **a bit rough**  

17. You're **at death's door**  

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