

## HEALTH

**Task 1. VERBS.** Complete the text below with one of the words or expressions from the box.

*fall ill • recuperate • examine • operate • take exercise • suffer  
• refer treat • look after • keep fit • get well • cure • pick up*

Most people believe it's very important to 1.\_\_\_\_\_ in order to 2.\_\_\_\_\_, but even the fittest person can sometimes 3.\_\_\_\_\_, no matter how hard they 4.\_\_\_\_\_ their health. If you do become ill, of course you want to 5.\_\_\_\_\_ as soon as possible. With most minor illnesses, such as a cold or flu, it's usually possible to 6.\_\_\_\_\_ yourself by taking lots of rest and drinking plenty of liquid. However, if you 7.\_\_\_\_\_ from something more serious, you will have to go to your doctor. He will 8.\_\_\_\_\_ you and, if possible, 9.\_\_\_\_\_ you with medicine which you can 10.\_\_\_\_\_ from your local chemist. If you have an unusual illness, your doctor may 11.\_\_\_\_\_ you to a specialist or a hospital, who may decide to 12.\_\_\_\_\_ on you if your illness is serious. You will then have to 13.\_\_\_\_\_, and this can take a long time.

**Task 2. NOUNS. Medical words. Look at the definitions on the left. The first letter of each word has been given to you.**

1. room where a doctor or dentist sees and examines a patient. (s)
2. person who looks after sick people. (n)
3. order written by a doctor to a pharmacist asking for a drug to be prepared and sold to a patient. (p)
4. doctor who specializes in surgery. (s)
5. department in a hospital for accident victims. (c)
6. sick person who is in hospital or who is being treated by a doctor, dentist, etc. (p)

7. room or set of rooms in a hospital, with beds for 6. above. (w)
8. person who studies and treats mental disease. (p)
9. agreed time for a meeting to see your doctor or dentist. (a)
10. medical specialist attached to a hospital. (c)
11. professional nurse who helps a woman give birth, often at home. (m)
12. change in the way a body works or looks, showing that a disease is present and has been noticed by the patient or doctor. (s)

**Task 3. IDIOMS, COLLOQUIALISMS AND OTHER EXPRESSIONS. Feeling well / feeling sick. How would you feel in the following situations?**

1. You are <b>under the weather</b>		
2 Your condition is <b>touch-and-go</b>		
3 You look <b>washed out</b> :		
4. You have <b>come down with something</b>		
5. You are as <b>fit as a fiddle</b>		
6. You are in <b>good shape</b>		
7. You have taken a <b>turn for the worse</b>		
8. You are <b>not feeling yourself</b>		
9. You are <b>laid up with something</b>		
10. You feel <b>lousy</b>		
11. You feel <b>on top of the world</b>		

12. You feel <b>groggy</b> :		
13. You're <b>glowing</b>		
14. You're <b>in the pink</b>		
15. You look like <b>death warmed up</b>		
16. You feel <b>a bit rough</b>		
17. You're <b>at death's door</b>		