

HEALTH

Task 1. VERBS. Complete the text below with one of the words or expressions from the box.

fall ill • recuperate • examine • operate • take exercise • suffer • refer treat • look after • keep fit • get well • cure • pick up























Most people believe it's very important to **1.**_____ in order to **2.**_____, but even the fittest person can sometimes **3.**_____, no matter how hard they **4.**_____ their health. If you do become ill, of course you want to **5.**_____ as soon as possible. With most minor illnesses, such as a cold or flu, it's usually possible to **6.**_____ yourself by taking lots of rest and drinking plenty of liquid. However, if you **7.**_____ from something more serious, you will have to go to your doctor. He will **8.**_____ you and, if possible, **9.**_____ you with medicine which you can **10.**_____ from your local chemist. If you have an unusual illness, your doctor may **11.**_____ you to a specialist or a hospital, who may decide to **12.**_____ on you if your illness is serious. You will then have to **13.**_____, and this can take a long time.

Task 2. NOUNS. Medical words. Look at the definitions on the left. The first letter of each word has been given to you.

1. room where a doctor or dentist sees and examines a patient. (s)
2. person who looks after sick people. (n)
3. order written by a doctor to a pharmacist asking for a drug to be prepared and sold to a patient. (p)
4. doctor who specializes in surgery. (s)
5. department in a hospital for accident victims. (c)
6. sick person who is in hospital or who is being treated by a doctor, dentist, etc. (p)

7. room or set of rooms in a hospital, with beds for 6. above. (w)
8. person who studies and treats mental disease. (p)
9. agreed time for a meeting to see your doctor or dentist. (a)
10. medical specialist attached to a hospital. (c)
11. professional nurse who helps a woman give birth, often at home. (m)
12. change in the way a body works or looks, showing that a disease is present and has been noticed by the patient or doctor. (s)

Task 3. IDIOMS, COLLOQUIALISMS AND OTHER EXPRESSIONS. Feeling well / feeling sick. How would you feel in the following situations?

- | | | |
|---|---|---|
| 1. You are under the weather |  |  |
| 2 Your condition is touch-and-go |  |  |
| 3 You look washed out : |  |  |
| 4. You have come down with something |  |  |
| 5. You are as fit as a fiddle |  |  |
| 6. You are in good shape |  |  |
| 7. You have taken a turn for the worse |  |  |
| 8. You are not feeling yourself |  |  |
| 9. You are laid up with something |  |  |
| 10. You feel lousy |  |  |
| 11. You feel on top of the world |  |  |

12. You feel **groggy**:



13. You're **glowing**



14. You're **in the pink**



15. You look like **death warmed up**



16. You feel **a bit rough**



17. You're **at death's door**

