

## VOCABULARY SET 29: BANNING DANGEROUS SPORTS

### Vocabulary:

1. **a barrage of** (collocation): một tràng, một loạt
2. **abdominal** (adj): ở phần bụng, thuộc về bụng
3. **acute** (adj): đau đớn
4. **be fraught with** (collocation) = **be full of** (collocation): đầy rẫy những điều gì
5. **be out of all proportion to** (collocation): quá mạnh một cách không cần thiết để xử lý một việc
6. **ethical** (adj): có đạo đức, mang tính đạo đức
7. **ever-present** (adj): luôn hiện diện
8. **fatal** (adj): gây chết người
9. **legislation** (n): lập pháp, pháp chế
10. **make for** (phr.v): tạo thành
11. **malfunction** (v/n): gặp trục trặc khi hoạt động / lỗi khi hoạt động
12. **mental scars** (collocation): ảnh hưởng lâu dài về tâm lý
13. **rigour** (n): tính nghiêm khắc, tính khắc nghiệt
14. **spectacular** (adj): ngoạn mục, ấn tượng
15. **strenuous** (adj): tốn rất nhiều công sức và sự cố gắng
16. **to be a springboard for something** (collocation): đạo diễn kiện cho cái gì đó diễn ra
17. **tragic outcome** (collocation): hậu quả tồi tệ

### Exercises:

#### Task 1: Write sentences from given cues. Make changes to the cues when needed.

1. student / not / apply / oneself / will not / able / handle / rigour / medical school.

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2. since / 2001 / American / always / feel / ever-present / danger / terrorist / attack.

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3. lawyer / politician / often / insult / their / apparent / lack / ethical / value.

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4. everyone / agree / film / inside / chocolate factory / make for / good television.

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5. shortly / before / crash / pilot / report / malfunction / aircraft / navigation system.

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#### Task 2: Translate from Vietnamese to English

1. Màn trình diễn pháo hoa ngoạn mục đã thu hút những tràng pháo tay như sấm từ khán giả.

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2. Tình thần chăm chỉ và đoàn kết của người Nhật tạo điều kiện cho sự hồi sinh kì diệu sau những thiệt hại mà cơn sóng thần gây ra.

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3. Cảnh sát đang điều tra một vụ tai nạn xe hơi gây chết người xảy ra đêm qua.

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4. Cuộc sống của một điệp viên đầy rẫy những khó khăn và nguy hiểm mà người bình thường không thể hiểu được.

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5. Anh ấy lười đến mức hiếm khi làm việc gì tốn nhiều công sức hơn việc chuyển kênh tivi.

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**Task 3: Fill in the blanks with suitable words/phrases**

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|---|---|
| a barrage of (collocation)                | legislation (n)                                 |
| abdominal (adj)                           | make for (phr.v)                                |
| acute (adj)                               | malfunction (v/n)                               |
| be fraught with= be full of (collocation) | mental scars (collocation)                      |
| be out of all proportion to (collocation) | rigour (n)                                      |
| ethical (adj)                             | spectacular (adj)                               |
| ever-present (adj)                        | strenuous (adj)                                 |
| fatal (adj)                               | to be a springboard for something (collocation) |
|   | tragic outcome (collocation)                    |

*Some people think that governments should ban dangerous sports, while others think people should have freedom to do any sports or activity. Discuss both views and give your own opinion.*

The media commonly provide 1 \_\_\_\_\_ news about dangerous sports, because the deaths and 2 \_\_\_\_\_ associated with them often 3 \_\_\_\_\_ headlines. As a result, some people have claimed that all extreme sports should be banned, although I would argue that such a policy would 4 \_\_\_\_\_ the real risks involved.

Those in favour of prohibiting people from taking part in dangerous sports tend to focus on the risk element. Even when individuals may be physically and mentally prepared to participate in extreme sports activities, and even when they have all the right equipment, the dangers are 5 \_\_\_\_\_. For example, few sports are as challenging and 6 \_\_\_\_\_ as BASE jumping. Participants hurl themselves off cliffs or tall buildings, and few escape without suffering severe bruising or 7 \_\_\_\_\_ pains which normally last for several days. In addition, although sports equipment rarely 8 \_\_\_\_\_, this may still happen, and the consequences may be 9 \_\_\_\_\_ - such as a BASE jumper's parachute failing to deploy. The supporters of 10 \_\_\_\_\_ to ban dangerous sports argue that such 11 \_\_\_\_\_ not only affect the

individual victims, but also leave 12 \_\_\_\_\_ which their families then have to live with for the rest of their lives.

However, I support the view of those who contend that participation in extreme sports must be a matter of personal choice. Firstly, overcoming physical challenges may 13 \_\_\_\_\_ positive \_\_\_\_\_ personal transformation. It may make a person stronger and more determined, and the experience may be a life-changing one. Secondly, the 14 \_\_\_\_\_ of preparation in order to take part in mountain-climbing, white-water rafting or other such extremely 15 \_\_\_\_\_ activities demonstrate that an individual is in peak health and physical condition. Finally, there is an 16 \_\_\_\_\_ aspect which dictates that a person should have the freedom to pursue the challenges which they set themselves, even though this may involve a level of risk that others might find unacceptable.

In conclusion, while acknowledging the real risks, I would defend the right of any individual to take part in the extreme sport of their choice.

351 words, first draft by Tien Nguyen, final draft by Tu Pham