Good Food Good Health

Directions: Math the word correctly.

1. _____ simple

2. _____ tasty

3. _____ balanced

4. _____ keep

5. _____ in good

6. _____ sugary

7. _____ starchy

8. _____ dairy

9. _____ high

a. fit

b. products

c. drinks

d. in fat

e. rule

f. treats

g. food

h. shape

i. diet