

Student: \_\_\_\_\_

Date: \_\_\_\_\_

# UNIT 6



## ADVANCED LEVEL (C1)

1 ▷ Listen to an extract from a talk about how yoga can help sufferers of a specific medical condition. Decide what the underlined words refer to.

1 It is believed, however, that they could be down to a variety of things, such as mental stress and physical conditions ... \_\_\_\_\_

2 ... nowadays, as it results in one's head being in a forward position and shoulders raised, ... \_\_\_\_\_

3 ... but until now they have made no such discovery and this is where yoga comes in. \_\_\_\_\_

4 ... but some go beyond just helping us twist our bodies into all sorts of weird and wonderful shapes. \_\_\_\_\_

5 ... but I can assure you that it did – and if you're still not convinced, why not just give it a try yourself? \_\_\_\_\_

2 Read the sentences and decide which three words in each sentence refer back to a previous situation, person, object or idea.

1 I have several concerns about moving to the city, my main ones being the cost of living and the level of pollution there.

2 Selma always thinks she is right about everything and says so, and it's such behaviour that annoys people.

3 Jamie decided to invest lots of money in his brother's business, but it didn't pay off for him unfortunately – he thinks his decision was a foolish one.

4 It's hard to believe that my parents had another baby in their 40s, but that's exactly what they wanted.

3 Use the prompts and WOULD or WOULDN'T to construct sentences.

EXAMPLE: Ada / not know / roads / be / so busy.

Ada didn't know the roads would be so busy.

1 when / we / children / stay up / late / every / Saturday / night .

\_\_\_\_\_

2 you not / wish / Melina / stop / complain / about everything ?

\_\_\_\_\_

3 back then / nobody / realize / he / become / such / famous actor .

\_\_\_\_\_

4 airline employee / let / me / take / my bag / on board / so / I / check it in .

\_\_\_\_\_

5 As / we / grow up / countryside / we / rather / spend time / there / than / city .

\_\_\_\_\_

**4 Complete the sentences with words about LEISURE, RELAXATION and STRESS.**

drove us up the wall   bundle of nerves   gets on my nerves   on edge   chilled out

- 1 Although Mart was a complete \_\_\_\_\_ before his job interview, he eventually relaxed and did really well.
- 2 The loud music coming from next door's party last night \_\_\_\_\_
- 3 For the first few days of my holiday last month, I just \_\_\_\_\_ by the pool with a good book.
- 4 An extremely stressful week at work left Janina feeling \_\_\_\_\_ and unable to sleep properly.
- 5 It \_\_\_\_\_ when people insist on talking loudly on their phones when travelling on public transport.

**5 Complete the sentences with the correct phrase. There are two words and phrases that you don't need.**

a dislike to - an inspiration to - a preference for - great pleasure in -  
indifferent to - the highest regard for - up to

- 1 It's often difficult to change your impression of someone if you've already taken \_\_\_\_\_ to them.
- 2 I have to say that I have \_\_\_\_\_ Adam since he spoke out against the corruption he observed.
- 3 As far as people who've been \_\_\_\_\_ me go, you've always been my most influential role model.
- 4 Cooking foreign food doesn't hold much appeal for me; I'd say I am \_\_\_\_\_ it really.
- 5 When I said I didn't mind what we had for lunch, my husband reminded me that I'd expressed \_\_\_\_\_ fish earlier.

**6 Choose the correct option a–c to complete the sentences.**

- 1 Angelina \_\_\_\_\_ her phone bill on time, but she completely forgot about it.  
a having paid  
b meant to pay  
c not to have paid
- 2 Kayhan was sorry \_\_\_\_\_ his friend while he was in Rome. He'd really wanted to catch up with him.  
a to have visited  
b about having visited  
c not to have visited
- 3 \_\_\_\_\_ anything since early this morning, I'm absolutely starving now!  
a Not having eaten  
b Having eaten  
c Having to eat
- 4 \_\_\_\_\_ all the preparations well ahead of schedule, we decided to call it a day and go home.  
a Having to complete  
b Having completed  
c Not having completed
- 5 I \_\_\_\_\_ a new car but unfortunately I couldn't afford it at the time.  
a would have loved to buy  
b wouldn't have loved to have bought  
c would have loved buying
- 6 Zeliha deeply regrets \_\_\_\_\_ more for her final accountancy exams.  
a having studied  
b not having to study  
c not having studied