

MOODS AND FEELINGS 1.

Write the missing words in the sentences below. Choose from the following:

afraid

bored

embarrassed

ashamed

curious

excited

angry

depressed

guilty

bitter

disappointed

lonely

nervous

relieved

sleepy

1 For the first six months after her husband died, she felt very _____ and longed for company.

2 Many children, when they grow up and have their own families, sometimes feel _____ at not seeing their parents very often.

3 She was very _____ when her doctor told her that the tests were negative. She didn't have cancer after all.

4 He always slept with the light on because he was _____ of the dark.

5 He felt very _____ and started to blush when his mother started showing his girlfriend pictures of him as a baby.

6 Although he had been acting for over thirty years, he still felt very _____ before every performance.

7 He became very _____ when I told him that someone had damaged his car.

8 She was very _____ when she didn't get the job with the BBC. She really thought she had got it.

9 I think I'd Better go to bed. I'm feeling rather _____ .

10 I'm _____ with watching TV all the time. Can't we go out somewhere for a change?

11 The Prime Minister was still very _____ about the way he had been forced to resign.

12 Bill's feeling really _____ at the moment. He's just lost his job and this morning his mother phoned him to say that his father was dying.

13 The children were very _____ at the thought of going to see the circus.

14 He felt _____ of himself for behaving so badly last night.

15 Why didn't Cathy and John get married? Do tell me. I'm very _____ .

MOODS AND FEELINGS 2.

Write the missing words in the sentences below. Choose from the following:

confused

frustrated

in a bad mood

shocked

disgusted

giddy

in a good mood

tense

envious

helpless

proud

upset

exhausted

hurt

restless

- 1 I'm not angry. I'm just _____ that you didn't think you could trust me to look after your flat while you were away.
- 2 I can never stay in the same job or place for more than five or six years. I start to get _____ and want a change.
- 3 That's the last time I run a marathon! I'm absolutely _____.
- 4 Looking down from the top of high buildings always made him feel very _____.
- 5 He was very _____ about losing his wallet as, apart from money, it also contained his driving license and credit cards.
- 6 She felt very _____ when she first moved to Paris. Everything was so different and she didn't speak the language very well.
7. 'You're _____ today.' 'Yes, I know. Pete's just asked me to marry him.'
- 8 We were _____ when we saw how dirty the bathroom was and complained to the hotel manager.
- 9 You're looking very _____, Jane. Come on, try to relax.
- 10 They felt very _____ as their daughter stepped on to the stage to receive her prize.
- 11 Everyone in the village was deeply _____ to hear that the postman had been murdered.
- 12 He felt very _____ when his neighbour bought a new car.
- 13 'Sheila's _____. What's wrong?' Oh, her car was stolen last night, so she's had to come to work by bus today.'
- 14 She felt so _____ as she watched the child struggling in the river. There was nothing she could do. She couldn't swim.
- 15 I feel really _____. I've been trying to phone the theatre all morning but, every time I do, the line's engaged.

MOODS AND FEELINGS 3.

Write the missing words in the sentences below. Choose from the following:

- | | | | |
|---------------------|------------------------|-----------------------|----------------------|
| 1. amazed | 2 anxious | 3 bad-tempered | 4 cheerful |
| 5 contented | 6 disillusioned | 7 fed up | 8 heartbroken |
| 9 humiliated | 10 irritable | 11 miserable | 12 nostalgic |
| 13 scared | 14 skeptical | 15 sentimental | 16 thrilled |

_____ feel bitter and disappointed because they've lost their belief that someone is good or that an idea or plan is right.

_____ are frightened.

_____ feel very ashamed and upset, especially because they've been made to look weak or stupid.

_____ are very unhappy.

_____ are very easily affected by emotions such as sympathy, love or sadness.

_____ are happy and in good spirits.

_____ are easily annoyed and tend to get angry at small things, often because they already feel bad-tempered about something.

_____ like remembering happy events or experiences from the past, often because they are not so happy with their lives-now.

_____ are unhappy and feel dissatisfied or bored.

_____ are so surprised that they find it hard to believe what has happened.

_____ don't really believe what other people tell them.

_____ get angry very easily and behave in a very angry and unfriendly way.

_____ are extremely pleased, happy and excited. It could be because they've been told some good news or are going to do something that they've always wanted to.

_____ are feeling very worried and nervous about something that may or may not have happened.

_____ are very sad because they have been upset or deeply hurt by something that has happened.

_____ are satisfied and quite happy with their lives.

MOODS AND FEELINGS 4.

Write the missing words in the sentences below. Choose from the following:

- | | | | |
|-----------------------|-----------------------|--------------------|---------------------|
| 1 annoyed | 2 apprehensive | 3 baffled | 4 complacent |
| 5 down | 6 edgy | 7 furious | 8 homesick |
| 9 light-headed | 10 mixed-up | 11 paranoid | 12 petrified |
| 13 resentful | 14 speechless | 15 touchy | |

_____ are feeling sad and depressed.

_____ find it hard to think clearly or move steadily. You can often feel like this after drinking alcohol.

_____ are nervous and can't seem to relax or behave in a calm way.

_____ are unable to say anything because they are angry, upset or shocked.

_____ are so frightened that they can't move.

_____ feel slightly angry.

_____ are confused and unable to decide what to do. This is often because of personal or emotional problems.

_____ are angry and bitter about something they think is unfair.

_____ are worried and nervous about the future or something they're going to do.

_____ are extremely angry

_____ are too sensitive and are easily offended or annoyed.

_____ are completely unable to explain or understand something.

_____ are unhappy because they're away from home and missing their family, friends, etc.

_____ are constantly convinced that people hate them or that bad things will happen, even though this isn't true.

_____ are so pleased with their achievements or the situation they're in that they don't think there's any need to worry or make an effort.