MOODS AND FEELINGS 1.

Write the missing words in the sentences below. Choose from the following:

afraid	***bored***	***embarrassed***
ashamed	***curious***	***excited***
angry	***depressed***	***guilty***
bitter	***disappointed***	***lonely***
nervous	***relieved***	***sleepy***

1 For the first six months after her husband died, she felt very _____ and longed for company.

2 Many children, when they grow up and have their own families, sometimes feel _____ at not seeing their parents very often.

3 She was very _____ when her doctor told her that the rests were negative. She didn't have cancer after all.

4 He always slept with the light on because he was _____ of the dark.

5 He felt very _____ and started to blush when his mother started showing his girlfriend pictures of him as a baby.

6 Although he had been acting for over thirty years, he still felt very _____ before every performance.

7 He became very _____ when I told him that someone had damaged his car.

8 She was very _____ when she didn't get the job with the BBC. She really thought she had got it.

9 I think I'd Better go to bed. I'm feeling rather _____ .

10 I'm _____ with watching TV all the time. Can't we go out somewhere for a change?

11 The Prime Minister was still very _____ about the way he had been forced to resign.

12 Bill's feeling really _____ at the moment. He's just lost his job and this morning his mother phoned him to say that his father was dying.

13 The children were very _____ at the thought of going to see the circus.

14 He felt _____ of himself for behaving so badly last night.

15 Why didn't Cathy and John get married? Do tell me. I'm very _____ .

LIVEWORKSHEETS

MOODS AND FEELINGS 2.

Write the missing words in the sentences below. Choose from the following:

confused	***frustrated***	***in a bad mood***	***shocked***
disgusted	***giddy***	***in a good mood***	***tense***
envious	***helpless***	***proud***	***upset***
exhausted	***hurt***	***restless***	

1 I'm not angry. I'm just _____ that you didn't think you could trust me to look after your flat while you were away.

2 I can never stay in the same job or place for more than five or six years. I start to. get _____ and want a change.

3 That's the last time I run a marathon! I'm absolutely _____ .

4 Looking down from the top of high buildings always made him feel very _____.

5 He was very _____ about losing his wallet as, apart from money, it also contained his driving license and credit cards.

6 She felt very _____ when she first moved to Paris. Everything was so different and she didn't speak the language very well.

7. 'You're _____ today.' 'Yes, I know. Pete's just asked me to marry him.'

8 We were _____ when we saw how dirty the bathroom was and complained to the hotel manager.

9 You're looking very _____ , Jane. Come on, try to relax.

10 They felt very _____ as their daughter stepped on to the stage to receive her prize.

11 Everyone in the village was deeply _____ to hear that the postman had been murdered.

12 He felt very _____ when his neighbour bought a new car.

13 'Sheila's _____ . What's wrong?' Oh, her car was stolen last night, so she's had to come to work by bus today .'

14 She felt so _____ as she watched the child struggling in the river. There was nothing she could do. She couldn't swim.

15 I feel really _____ . I've been trying to phone the theatre all morning but, every time I do, the line's engaged.

LIVEWORKSHEETS

MOODS AND FEELINGS 3.

Write the missing words in the sentences below. Choose from the following:

1. amazed	***2 anxious***	***3 bad-tempered***	***4 cheerful***
5 contented	***6 disillusioned***	***7 fed up***	***8 heartbroken***
9 humiliated	***10 irritable***	***11 miserable***	***12 nostalgic***
13 scared	***14 skeptical***	***15 sentimental***	***16 thrilled***

_____ feel bitter and disappointed because they've lost their belief that someone is good or that an idea or plan is right.

_____ are frightened.

_____ feel very ashamed and upset, especially because they've been made to look weak or stupid.

_____ are very unhappy.

_____ are very easily affected by emotions such as sympathy, love or sadness.

_____ are happy and in good spirits.

_____ are easily annoyed and tend to get angry at small things, often because they already feel bad-tempered about something.

_____ like remembering happy events or experiences from the past, often because they are not so happy with their lives-now.

_____ are unhappy and feel dissatisfied or bored.

_____ are so surprised that they find it hard to believe what has happened.

_____ don't really believe what other people tell them.

_____ get angry very easily and behave in a very angry and unfriendly way.

_____ are extremely pleased, happy and excited. It could be because they've been told some good news or are going to do something that they've always wanted to.

_____ are feeling very worried and nervous about something that may or may not have happened.

_____ are very sad because they have been upset or deeply hurt by something that has happened.

_____ are satisfied and quite happy with their lives.

LIVEWORKSHEETS

MOODS AND FEELINGS 4.

Write the missing words in the sentences below. Choose from the following:

1 annoyed	***2 apprehensive***	***3 baffled***	***4 complacent***
5 down	***6 edgy***	***7 furious***	***8 homesick***
9 light-headed	***10 mixed-up***	***11 paranoid***	***12 petrified***
13 resentful	***14 speechless***	***15 touchy***	

_____ are feeling sad and depressed.

_____ find it hard to think clearly or move steadily. You can often feel like this after drinking alcohol.

_____ are nervous and can't seem to relax or behave in a calm way.

_____ are unable to say anything because they are angry, upset or shocked.

_____ are so frightened that they can't move.

_____ feel slightly angry.

_____ are confused and unable to decide what to do. This is often because of personal or emotional problems.

_____ are angry and bitter about something they think is unfair.

_____ are worried and nervous about the future or something they're going to do.

_____ are extremely angry

_____ are too sensitive and are easily offended or annoyed.

_____ are completely unable to explain or understand something.

_____ are unhappy because they're away from home and missing their family, friends, etc.

_____ are constantly convinced that people hate them or that bad things will happen, even though this isn't true.

_____ are so pleased with their achievements or the situation they're in that they don't think there's any need to worry or make an effort.

LIVEWORKSHEETS