

1 Charlotte is a person who is mentioned in the video.  
**True** **False**

2 The idea of a digital detox has only been around for a short time.  
**True** **False**

3 Honor, Bill and Susa were not interested in screens.  
**True** **False**

4 Susan Mouseheart is a writer and social commentator.  
**True** **False**

5 Susan Mouseheart's family only did a digital detox for a few days.  
**True** **False**

6 The family found it difficult to interact with each other during the digital detox. **True** **False**

7 John Stratton thinks that switching off technology could be dangerous. **True** **False**

8 The family's experience during the digital detox was turned into a movie. **True** **False**

9 The family made a lot of money from their book about the digital detox. **True** **False**

10 The family found it easy to switch back on to technology after the digital detox.  
**True** **False**