TEST YOURSELF 1

I. Choose the word whose underlined letter sounds differently.

1.	A. c<u>a</u>r	B. m<u>a</u>ke	C. r<u>a</u>ce	D. g<u>a</u>me
2.	A. l<u>a</u>ke	B. pl<u>a</u>n	C. pl<u>a</u>ne	D. s<u>a</u>fe
3.	A. pl<u>a</u>y	B. t<u>a</u>ke	C. tod<u>a</u>y	D. w<u>a</u>nt
4.	A. t<u>a</u>ble	B. st<u>a</u>nd	C. p<u>a</u>per	D. l<u>a</u>te
5.	A. t<u>a</u>lk	B. b<u>a</u>ll	C. c<u>a</u>lm	D. c<u>a</u>ll

1. bowling	a. the sport or activity of moving on ice, wearing ice skates
2. basketball	b. a game played by two teams of 11 players, using a round ball that players kick up and down the playing field.
3. volleyball	c. the activity of running slowly and steadily as a form of exercise
4. football	d. a game played inside, in which you roll a heavy ball down a track to try to knock down a group of pins
5. ice skating	e. the sport or activity of riding a bicycle
6. boating	f. a game played by two teams of five players, using a large ball which players try to throw into a high net hanging from a ring
7. jogging	g. the activity of travelling on water in a boat for pleasure
8. cycling	h. a game in which two teams of six players use their hands to hit a large ball backwards and forwards over a high net while trying not to let the ball touch the ground on their own side

III. Choose the correct answer A, B, C, or D.

1. The first marathon taught him more than how to _____ a race.

   A. play B. run C. go on D. watch

2. The second half of the book is more _____. I like it a lot.

   A. exciting B. boring C. easy D. difficult

LIVEWORKSHEETS

3. _____ is the sport of rolling downhill inside an orb, typically made of transparent plastic.

A. Roller skating B. Windsurfing

C. Zorbing D. Skateboarding

4. Do you prefer to see a film at home or in a movie _____?

A. sports center B. park C. post office D. theater

5. This is an easy recipe for you to _____ a pancake.

A. bake B. watch C. read D. collect

6. On a cold or rainy day, we can play _____ games such as table tennis and chess.

A. outdoor B. indoor C. safe D. dangerous

7. The pool has no _____, so no one can swim in it.

A. water B. grass C. soil D. ice

8. In 1909, the first ten-pin bowling _____ in Europe was installed in Sweden.

A. stadium B. pool C. rink D. alley

9. He likes reading _____ because they're a lot of fun.

A. postcards B. cakes C. comics D. stickers

10. They often _____ camping and learn about animals in the summer.

A. do B. make C. go D. take

IV. Supply the correct form of the verb in present simple or present continuous.

1. We _____ (meet) the teacher after school.
2. Jodie _____ (not, get up) early on Mondays.
3. What _____ (you, do) tonight, Tommy?
4. Most of the time, we _____ (arrive) at school at 6:45.
5. They _____ (stay) in Leicester for the entire week.
6. We _____ (go) on holiday next weekend.
7. We sometimes _____ (meet) in front of the cinema.
8. She usually _____ (help) me with the homework.
9. _____ (you, play) badminton with me tomorrow?
10. On Friday I always _____ (have) a piano lesson.

LIVEWORKSHEETS

V. Match the sentences to make a pair of dialogues.

1. Where do you learn to do the karate?	a. Which sport should I play?
2. You look too skinny. You should play a sport.	b. Yes, you totally should.
3. I like reading comics in free time.	c. What comic is it?
4. Are you going to the dancing club?	d. At my grandfather's martial art club.
5. I should try to go to bed earlier.	e. Why not? Come on. It's very fun out there.
6. How often do you read books?	f. I usually walk in the park with my parents.
7. My neighbour spend much time hanging out.	g. What is origami?
8. I don't want to go out today.	h. No. We are going to the zoo.
9. What do you usually do at weekends?	i. Do you hang out with her?
10. I'm learning origami.	j. Not very often, but I read one book a month.

VI. Fill in each gap with a word in the frame.

outdoors	watch	athlete	healthy	stadiums
important	basketball	physically		

Sport is commonly defined as an athletic activity that involves a degree of competition, such as netball or (1) _____. Some games and many kinds of racing are called sports. A professional at a sport is called an (2) _____. Many people play sports with their friends. They need coaches to teach or train teams or individuals how to do better. Sports can be played indoors or (3) _____ and by individuals or teams.

For children, sports play an extremely (4) _____ part in their lives by providing all round development of the child, (5) _____, mentally and emotionally. It also helps them to be fit and keep them (6) _____.

Some people like to (7) _____ other people play sports. Those who watch others playing sports are called fans. While some fans watch sports on television, others actually go to (8) _____ or other places where people pay to watch them in person. These fans are called spectators.

VII. Read the text and choose the correct answers to the questions.

Leisure (or free time) is when a person can choose what to do. During a person's leisure time, they do not have an **obligation** to be at school or work at a job. During leisure time, people can do fun activities, family activities, or other non-work activity, such as hobbies.

LIVEWORKSHEETS

Common forms of recreation or leisure are:

Playing sports such as football or hockey

Playing games such as chess or cards

Exercising such as running or lifting weights

Watching television and movies

Listening to music

Hobbies such as playing piano or guitar, knitting, or sewing

Travelling

Reading

Book Clubs

A vacation or holiday is the setting aside of time specifically for leisure. During their vacation, some people travel to a different region or country, and stay at a hotel so that they can do things they could not do near home. Other people prefer to spend their vacation time at home in their own community.

In rich industrialized countries such as the US and Canada, as well as in most European countries, workers are allowed to stay home on the weekend (usually Saturday and Sunday), and use it as leisure time. People in poorer developing countries usually have less leisure time, as they have to work longer hours and more days per year.

1. What is the passage mainly about?

   A. leisure time

   B. activities in leisure time

   C. leisure time and non-work time

   D. non-work activities

2. The word 'obligation' in the first paragraph can be best replaced by _____.

   A. duty B. right C. need D. necessity

3. What do people usually do in their leisure time according to the passage?

   A. do the homework B. do household chores

   C. work overtime D. have non-work activities

4. In their vacation or holiday, people may not want to _____.

   A. travel to a different region or country

   B. stay at a hotel

   C. do things they could do near home

   D. both A and B

LIVEWORKSHEETS

5. According to the last paragraph, people in poorer developing countries usually _____.

A. stay home on Saturday and Sunday

B. go to work on Saturday and Sunday

C. go to work from Sunday to Saturday

D. spend more time at work than those in rich industrialized countries

VIII. Rewrite the sentence to make the two sentences have similar meaning.

1. Don't play video games too much, or your eyes will get hurt.
   If you play _____

2. My sister plays badminton well.
   My sister is good _____

3. Doing morning exercise regularly is good for your health.
   You should _____

4. I don't like watching TV all day.
   I'm not interested _____

5. Basketball is not as popular as football.
   Football is _____

LIVEWORKSHEETS