

# ELEMENTARY A2

## UNIT 6 - HEALTH

### VOCABULARY

#### ILLNESSES & REMEDIES

##### 1. What's wrong with each person? Choose the correct word.



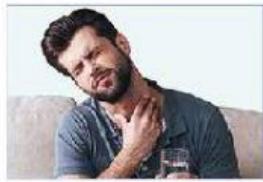
1 She's got a(n)  
earache / headache.



2 He's got a stomach  
ache / cough.



3 She's got a toothache /  
temperature.



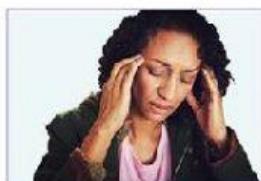
4 He's got a cough /  
sore throat.



5 He's got a cold / sore  
throat.



6 She's got a cough /  
stomach ache.



7 She's got a(n)  
headache / earache.



8 He's got a cold /  
toothache.

##### 2. Fill in the gaps with *sick, remedy, diseases, pain, ache, prescription*.

1. The doctor gave me a(n) ..... for antibiotics.
2. A hot cup of tea is the best ..... for a stomach .....
3. I hate travelling by boat. I get sea .....
4. Chris fell down the stairs and felt a sharp ..... in his back.
5. A simple injection can protect you from a lot of ..... , such as measles and polio.

**3. Correct the mistakes and rewrite the sentence, as in the example.**

**Eg.** It smells vinegar in here.

**Correct:** It smells *like* vinegar in here.

1. She sounds she's got the flu.

.....

2. Janet looks like exhausted.

.....

3. It tastes chicken. What kind of meat is it?

.....

4. This blanket feels like really warm.

.....

5. This milk smells like awful. It's gone bad.

.....

**4. Fill in the correct preposition.**

1. If you've got a temperature, these tablets will bring it .....

2. Is there really a cure ..... the common cold?

3. Stay at home and rest, and you will definitely get rid ..... that cold you have.

4. If you are ..... doubt about something, you should ask your doctor.

5. Jack has been suffering ..... terrible headaches for years.

**5. Complete the text. Use: *ill, works, fever, treat, cure, take, soak, infection, sore, prescription, suffer*. There are three extra words you won't need to use.**

# NATURAL REMEDIES

Do you get ..... often? Do you ..... from headaches, colds, and more? Before calling your doctor try out a few natural remedies.

**C**ough You can ..... your cough by mixing up to 2 teaspoons of honey with herbal tea or warm water and lemon. This will also help sooth your ..... throat.

**H**eadache Stress and anxiety can cause migraines. ..... a towel with water and a few drops of lavender or peppermint oil and rub it across your forehead and the back of your neck. The smell is a bit strong but it .....

**S**tomachache Cut a ginger root into small pieces and boil with water. You can add some honey or lemon for a better taste. This will ..... the pain away.

**C**old Even if you're drinking and eating all the right things, the best ..... for a cold is sleep. Sleep as much as you can when feeling under the weather.