

For questions **1-8**, read the text below and think of the word which best fits each gap. Use only one word in each gap. There is an example at the beginning **(0)**.

Snow-holing

The winter sport of snow-holing developed out **(0)** of a survival technique. If you get lost and have to spend the night outside in a frozen landscape, then digging a snow hole to provide **(1)** with warmth and shelter is a good idea. The snow-hole works on the same principle **(2)** the igloos built by Inuit people out of ice.

Snow-holing has now developed **(3)** an adventure sport. Before you try it, however, you need to do a basic snow-skills course, where you also learn how to use an ice-axe and other necessary equipment. But experience of winter hillwalking is also essential in **(4)** to be accepted onto a course. You also work in a team, and **(5)** it in turns to dig out the hole. It is **(6)** something you can do alone.

(7) to people who have tried it, a snow-hole is surprisingly comfortable. Having constructed your hole, you settle **(8)** for the night and wake up to absolute silence and the incredible light of the dawn sun on the ice.