

For questions **1-8**, read the text below and think of the word which best fits each gap. Use only one word in each gap. There is an example at the beginning (**0**).

Snow-holing

The winter sport of snow-holing developed out (**0**) of a survival technique. If you get lost and have to spend the night outside in a frozen landscape, then digging a snow hole to provide (**1**) with warmth and shelter is a good idea. The snow-hole works on the same principle (**2**) the igloos built by Inuit people out of ice.

Snow-holing has now developed (**3**) an adventure sport. Before you try it, however, you need to do a basic snow-skills course, where you also learn how to use an ice-axe and other necessary equipment. But experience of winter hillwalking is also essential in (**4**) to be accepted onto a course. You also work in a team, and (**5**) it in turns to dig out the hole. It is (**6**) something you can do alone.

(**7**) to people who have tried it, a snow-hole is surprisingly comfortable. Having constructed your hole, you settle (**8**) for the night and wake up to absolute silence and the incredible light of the dawn sun on the ice.