Watch the episode and fill out the gaps

1.We eat too much because what we're really hungry for isn't.....

2.If we could really choose anything, wouldn't we want a slightly.....menu?

3.They understand and respond to only a desperately narrow segment of our .....appetites.

4.A couple of hundred years ago it was almost impossible for most people
to find anything very.....to eat.

5. We live in the world where the .....are still bare of the real ingredients we crave.

LIVEWORKSHEETS