

Believe in yourself

1. Read the text

Tom was a shy boy who didn't believe in himself. He always thought he wasn't good enough. One day, his teacher asked him to read aloud in front of the class. Tom was nervous and didn't think he could do it. But then he started to concentrate and imagine that he was reading to himself. He began to speak slowly and clearly, and soon he realised that he was doing a good job! His classmates clapped and congratulated him after he finished reading. From that day on, Tom began to believe in himself more. He recognised that he had a talent for reading and speaking. Whenever he felt unsure, he remembered that moment when he surprised himself and others by doing something he thought he couldn't do. He supposed that if he could do that, he could do anything! Tom also learned to think positively and not to guess that he would fail. He wondered what other talents he might have that he hadn't discovered yet. Tom's confidence grew and he became more outgoing. He realised that believing in yourself is important and can lead to great things.

2. Read the sentences and write **T (True)** or **F (False)**

- A. Tom was a confident boy who believed in himself. ____
- B. Tom was asked to write a story in front of the class. ____
- C. Tom was nervous when he was asked to read aloud in front of the class. ____
- D. Tom imagined that he was reading to his teacher. ____
- E. Tom's classmates laughed at him after he finished reading. ____
- F. Tom recognized that he had a talent for reading and speaking. ____
- G. Tom's confidence grew and he became more outgoing. ____
- H. Tom realized that believing in yourself is not important. ____

3. Find verbs in the text that are related to thinking and write them on the box below:

1. _____	6. _____
2. _____	7. _____
3. _____	8. _____
4. _____	9. _____
5. _____	10. _____

4. **Match** the verbs from the previous activity with their definitions:

- A. to try to answer a question or solve a problem when you are not certain if you are correct _____
- B. to form a picture or idea in your mind about what something could be like _____
- C. to identify someone or something because you have seen or heard them before _____
- D. to give all your attention and effort to one particular task or activity _____
- E. to use your brain to consider ideas, opinions, or information _____
- F. to bring back to your mind information or experiences from the past _____
- G. to ask yourself questions or feel curious about something _____
- H. to become aware of something that you did not know before _____
- I. to think that something is likely to be true, based on the information that you have _____
- J. to accept that something is true or real, often without proof or evidence _____