Interchange activities

interchange 1 PERSONALITY TYPES

A PAIR WORK What is your personality type? Take turns using this quiz to interview each other. Then calculate your answers and find out which category best describes you.

PERSONALITY QUIZ



1. When you work on a big project, do you:
   a. try to finish it as quickly as possible?
   b. work at it over a long period of time?
   c. put it off as long as possible?
2. When you do an assignment, do you:
   a. try to do a first-class job so people will notice?
   b. do it as well as you can without worrying too much about it?
   c. do only what you must to get it done?
3. When faced with a difficult challenge, do you:
   a. look forward to facing it?
   b. worry about dealing with it?
   c. try to avoid it?
4. Do you think the best way to get the most out of a day is to:
   a. do as many things as possible?
   b. take your time to get things done?
   c. do only those things you really have to?
5. When you need to do a big task, do you:
   a. do it yourself?
   b. work with others to get it done?
   c. not do it?
6. When something doesn't work out the way you want it to, do you:
   a. get angry with yourself and others?
   b. think calmly about what to do next?
   c. give up, because it wasn't important anyway?
7. When people take a long time to finish something, do you:
   a. get impatient and do it yourself?
   b. gently ask them to do it more quickly?
   c. let them take their time?
8. If you compare your goals with your friends' goals, do you:
   a. want to accomplish greater things than they do?
   b. hope to achieve similar things in life?
   c. not care if they set higher goals for themselves than you do?
9. When people are late for appointments, do you:
   a. get angry and stressed out?
   b. remember that you are sometimes late, too?
   c. not worry, because you are usually late, too?
10. When people are talking to you, do you:
    a. not listen and think about other things?
    b. listen and participate in the conversation?
    c. let them talk and agree with everything they say?
11. When people are expressing their ideas and opinions, do you:
    a. respond and give your own opinions?
    b. listen and sometimes share your own ideas?
    c. listen but not add your own opinions?



SCORING

Count how many a, b, and c answers your partner has. If there are . . .

more a answers: This person is a superachiever.

more b answers: This person is the cool and steady type.

more c answers: This person is the easygoing or carefree type.

B GROUP WORK Compare your scores. Then suggest four characteristics of each personality type.

"The superachiever is the kind of person who . . . . He or she can't stand it when . . . "

www.IR.com Language مرجع آموزش زبان ایرانیان
LIVEWORKSHEETS