

Good and Bad Habits for the eyes.

Class:

(班級)

Number:

(座號)

Name:

(姓名)

I. Look at the following pictures. Write **bad** if it's a bad habit and **good** if it's a good habit for the eyes.



watching TV too close



rubbing your eyes



having regular eye checkup



eating fruits regularly



drinking enough water



reading books in the dark



sleeping 7-8 hours a day



using sunglasses under the sun



eating green leafy vegetables