

You will hear an interview with a girl called Steffi Smeeton, who is talking about a group cycling trip she went on. For questions **1 - 7**, choose the best answer (**A**, **B** or **C**).

1 How did Steffi feel when she first heard about the trip?

- A** unsure whether she'd be fit enough
- B** surprised that such things existed
- C** certain that she'd enjoy it

2 The main thing that Steffi hoped to get out of the trip was

- A** a greater commitment to cycling.
- B** a new way of dealing with life's challenges.
- C** a chance to meet many different sorts of people.

3 How did Steffi's family react to news of the trip?

- A** Everyone wanted to help her get ready.
- B** Her brother wished that he could go too.
- C** Her sister-in-law thought it was a bad idea.

4 Steffi says that some of the group members

- A** lost patience with those who couldn't keep up.
- B** were too tired to socialise in the evenings.
- C** already had experience of that sort of trip

5 Steffi says that some group members agreed to

- A** go out cycling together at weekends.
- B** keep in electronic contact with each other.
- C** go on another trip together in the future.

6 Steffi says that the trip has taught her to

- A** see the importance of being part of a team.
- B** work more efficiently in her college studies.
- C** have a more relaxed attitude in general.

7 What activity does Steffi plan to try next?

- A** running
- B** sailing
- C** flying