

## TEST YOURSELF 1

**I. Choose the word whose underlined part is pronounced differently from the others.**

1. a. <u>laugh</u>	b. <u>cough</u>	c. <u>bought</u>	d. <u>tough</u>
2. a. <u>game</u>	b. <u>gym</u>	c. <u>girl</u>	d. <u>bag</u>
3. a. <u>calorie</u>	b. <u>labour</u>	c. <u>community</u>	d. <u>volunteer</u>
4. a. <u>environmental</u>	b. <u>benefit</u>	c. <u>service</u>	d. <u>sick</u>
5. a. <u>danced</u>	b. <u>helped</u>	c. <u>watched</u>	d. <u>enjoyed</u>

**II. Choose the odd one out.**

1. a. flu	b. cough	c. headache	d. hobby
2. a. gymnastics	b. stamps	c. books	d. dolls
3. a. elderly people	b. donors	c. disabled people	d. sick children
4. a. fresh fish	b. fruit	c. junk food	d. vegetables
5. a. service	b. non-profit	c. charitable	d. homeless

**III. Fill in each blank with a suitable word.**

1. My friend loves \_\_\_\_\_ dolls. She has a large doll collection.
2. My father carves eggshells as a \_\_\_\_\_.
3. He keeps sneezing and coughing. I think he has a \_\_\_\_\_.
4. Walking is one of the best ways to stay in \_\_\_\_\_.
5. The government should provide housing for \_\_\_\_\_ people.

**IV. Choose the best answer a, b, c, or d to complete the sentence.**

V. Write the correct tense or form of the verbs in brackets.

1. I \_\_\_\_\_ (already/ read) that book. It's fantastic.
2. We \_\_\_\_\_ (not do) any volunteer work five years ago.
3. James \_\_\_\_\_ (do) lots of volunteer work when he was in high school.
4. I think people \_\_\_\_\_ (eat) more healthy food in the future.
5. People \_\_\_\_\_ (need) about 2,000 calories a day to stay in shape.
6. \_\_\_\_\_ (Alex/ ever/ be) to Seattle? ~ Yes, he \_\_\_\_\_ (be) to Seattle once.
7. Right now, Margaret \_\_\_\_\_ (have) a shower. Do you want to ring later?
8. Be a Buddy \_\_\_\_\_ (establish) in 2011.

**VI. Supply the correct form of the words in brackets.**

1. Mike's hobby is listening to music. He gets a lot \_\_\_\_\_ from listening to music. (enjoy)
2. John is a stamp \_\_\_\_\_. He has a lot of rare and valuable stamps. (collect)
3. One third of children in the U. S. is \_\_\_\_\_ or obese. (weigh)
4. I have \_\_\_\_\_ so I must go to a dentist. (tooth)
5. Junk food is \_\_\_\_\_, so we shouldn't eat too much junk food. (health)
6. Blood \_\_\_\_\_ give blood for use in hospitals. (donate)
7. They aren't forced to do charity work. They do it \_\_\_\_\_. (volunteer)
8. They opened a shelter to provide housing for the \_\_\_\_\_. (home)

**VII. Each sentence has a mistake. Find and correct it.**

1. My brother loves play chess when he has free time.
2. I find woodcarving interest because it's creative.
3. Many people wait for the dentist at the moment.
4. They have donated blood three months ago.
5. Did you finished your homework yet?
6. I'd like to go, and I have to study for my test tonight.
7. Eat more fast food, or you'll put on weight.
8. Do you think staying at home all day is bored?

**IX. Fill in each blank with a word from the box.**

feed disabled helping care parents donating how charitable

It's not uncommon in America for a person to belong to some kind of volunteer group. (1) \_\_\_\_\_ one's time and services is very much a part of the American way of life. Most (2) \_\_\_\_\_ activities are organized by churches and groups around the nation and even encouraged by the government. The (3) \_\_\_\_\_ hand is extended to the poor, the homeless and the (4) \_\_\_\_\_.

Some people work to teach youngsters (5) \_\_\_\_\_ to read, others open up soup kitchens to (6) \_\_\_\_\_ the homeless. Volunteers also take (7) \_\_\_\_\_ of the disabled by making reading tapes for the blind and working in orphanages to help children without (8) \_\_\_\_\_.

**X. Read the text carefully then choose the correct answers.**

Maintaining a healthy body is not that easy and not so difficult also. Most important tip for a healthy body is to have healthy food and eat them at proper time. Avoid eating junk food. Your diet should contain food which has more nutrients. Try to include vegetables, fruits, milk, and fish in your daily diet. Make sure you are having your breakfast regularly. Skipping your breakfast regularly will definitely affect your health. Make sure you drink more amount of water daily. Regular exercise will also keep your body in good health. You can go for running, do cycling, walking faster etc. Apart from these always try to manage your stress. By controlling your stress you can maintain a healthy body. Your body should get enough time to take rest. Make sure you get a sleep of 8 hours daily. Sleep is very important for healthy body and also for mental and emotional happiness.

XI. Write the second sentence so that it has the same meaning to the first one.

1. My father finds playing board games interesting.  
→ My father is \_\_\_\_\_
2. He hasn't smoked cigarettes for a month.  
→ The last time \_\_\_\_\_
3. That apartment is more modern than any apartments.  
→ That apartment \_\_\_\_\_
4. There are over two hundred stamps in Nam's collection.  
→ Nam's collection \_\_\_\_\_
5. I spend twenty minutes walking to school every morning.  
→ It takes \_\_\_\_\_