

6.EXPOSITORY PARAGRAPH AND ESSAY

Activity 1:

Read the explanation of expository text below and discuss with your friend how to understand the expository essay !

An expository essay is a type of academic writing that aims to explain, describe, or inform about a particular topic. It presents a balanced analysis of a subject by providing evidence, facts, and examples. The primary purpose of an expository essay is to educate or clarify a concept, process, idea, or issue to the reader. It does not involve the writer's personal opinions or emotions, but instead focuses on presenting objective information in a clear and logical manner.

The structure of an expository essay typically includes an introduction that presents the topic and the thesis statement, which is a concise summary of the main idea or argument of the essay. The body paragraphs provide detailed explanations, evidence, and examples to support the thesis statement. Each paragraph usually covers a specific subtopic or aspect related to the main topic. Finally, the conclusion restates the thesis statement and summarizes the main points discussed in the essay, leaving the reader with a clear understanding of the topic.

Expository essays can cover a wide range of subjects, such as scientific concepts, historical events, social issues, literary analysis, or any other topic that requires a detailed explanation. The language used in an expository essay is typically formal and objective, and the writer should strive to provide accurate information and maintain a logical flow throughout the essay.

Extensive and Intensive reading Worksheet

Overall, the purpose of an expository essay is to provide the reader with a comprehensive understanding of a particular topic by presenting factual information and logical explanations.

Activity 2

Read the expository text below, determine the main idea and supporting fact from the text. Then write a short summary Sentence of the text !

Main idea :

Supporting Fact :

Summary :

Topic: The Importance of Regular Exercise

Regular exercise plays a crucial role in maintaining overall health and well-being. Engaging in physical activity on a consistent basis offers numerous benefits for both the body and mind.



Firstly, exercise helps to improve cardiovascular health. Activities such as jogging, swimming, or cycling increase heart rate and enhance blood circulation, which can reduce the risk of heart disease and stroke. Secondly, exercise aids in weight management. By burning

calories and building muscle, regular physical activity contributes to maintaining a healthy weight or achieving weight loss goals. Additionally, exercise promotes mental well-being by releasing endorphins, the "feel-good" hormones that alleviate stress, boost mood, and combat symptoms of anxiety and depression. Furthermore, regular exercise improves overall strength, flexibility, and balance, reducing the risk of injuries and enhancing physical

performance in daily activities. Finally, exercise promotes better sleep patterns, allowing for proper rest and rejuvenation. To reap the benefits, it is recommended to engage in at least 150 minutes of moderate-intensity aerobic exercise per week, along with strength

training exercises twice a week. In conclusion, incorporating regular exercise into one's lifestyle is essential for maintaining good health, improving fitness levels, and enhancing overall quality of life

Activity 3:

Read the Text. Think about the writer's purpose, and underline the facts.

Then answer the questions below !

1. What is the writer's main purpose?

2. How you determine the main purpose of writer?

Activity 3:

Complete the following mind mapping according to the text above!

| | | | |
|---------------------------------|--|---------------------------------|--|
| Topic/Introduction: | | | |
| Main Idea (Paragraph 1): | | Main Idea (Paragraph 2): | |
| | | | |
| Supporting fact | | Supporting fact | |
| | | | |
| Conclusion : | | | |