

**Task 1. Choose the correct clue for each definition.**

**nomadic lifestyle, active lifestyle, early bird, sedentary lifestyle,  
working long hours, alternative lifestyle**

1. This person is the first to greet the morning sun, thriving in the early hours of the day. Waking up with enthusiasm and embracing the day's possibilities.
2. Living this way means being constantly engaged in physical activities and exercises. Fitness and well-being are prioritized, with energy and vitality as the rewards.
3. This lifestyle is characterized by prolonged periods of sitting or inactivity. Minimal physical movement becomes the norm, leading to potential health concerns.
4. This lifestyle goes against the mainstream, embracing unique beliefs, practices, and choices. It challenges societal norms and seeks unconventional paths to live a fulfilling and authentic life.
5. You are dedicated to your profession, often sacrificing personal time and leisure activities. You put in extensive hours of work, striving for success and career advancement.
6. This lifestyle is always on the go, with no fixed address or routine. Traveling is a way of life, exploring new horizons at every turn.

**Task 2. Fill in the gaps with the correct collocations.**

1. Sarah's heart beats to the rhythm of adventure. With a backpack on her shoulders and a thirst for exploration, she embraces a \_\_\_\_\_. From the snow-capped mountains to the bustling streets of exotic cities, Sarah's life is a perpetual journey of discovery and self-discovery.
2. He often finds himself \_\_\_\_\_ to meet the demands of his demanding job and achieve his ambitious career goals.
3. As the \_\_\_\_\_ by nature, he thrives on the tranquility of the early morning hours. Whether it's a brisk jog or a quiet meditation, John starts his day with a burst of energy, setting the tone for success in all his endeavors.

4. Emily's zest for life is contagious. With a passion for outdoor activities, she lives an \_\_\_\_\_ that keeps her constantly on the move. From rock climbing to kayaking, she seeks out thrilling experiences that push her physical limits and leave her with a sense of accomplishment.

5. Unfazed by societal norms, Alex has carved out a unique path for themselves. With an \_\_\_\_\_, they march to the beat of their own drum. From pursuing unconventional careers to embracing a minimalist approach, Alex finds fulfillment in the freedom of self-expression and living life on their own terms.

6. Once confined to a \_\_\_\_\_, Lisa decided it was time for a change. With determination and resilience, she broke free from her desk-bound existence. Now, you'll find her engaging in regular workouts, taking frequent walking breaks, and prioritizing movement throughout her day. Lisa's transformation serves as an inspiration to others seeking a healthier, more active lifestyle.

### Task 3. Match the definitions with the correct multi-word verb.

*take on, put up with, keep up with, look forward, take after, hand over, put off, keep someone from*

1. Assume or accept responsibility, a task, or a challenge \_\_\_\_\_
2. Stay updated or remain at the same level or pace as something or someone \_\_\_\_\_
3. Tolerate or endure a difficult or unpleasant situation or person \_\_\_\_\_
4. Transfer or give something to someone else, typically in a formal or official manner \_\_\_\_\_
5. Anticipate or feel excited about something that is going to happen in the future \_\_\_\_\_
6. Resemble or inherit traits, characteristics, or qualities from a family member, usually a parent \_\_\_\_\_.
7. Delay or postpone an event, task, or activity to a later time \_\_\_\_\_
8. Prevent or stop someone from doing or achieving something \_\_\_\_\_

### Task 4. Fill in the gaps with the correct multi-word verb

*look forward, take on, put up with, keep up with, hand over,*

*take after, put off, keep someone from*

1. I need to \_\_\_\_\_ our meeting until next week due to unexpected circumstances.

2. I need to \_\_\_\_\_ -eating too much dessert to maintain a healthy diet.
3. Sarah decided to \_\_\_\_\_ the challenge of learning a new language during her summer break.
4. With the rapid pace of technological advancements, it can be challenging to \_\_\_\_\_ with the latest gadgets and innovations.
5. Despite the constant noise from construction work nearby, Julia had to \_\_\_\_\_ the inconvenience as she couldn't move out of her apartment.
6. Michael definitely \_\_\_\_\_ his father when it comes to his love for music. They both have a natural talent for playing the guitar.
7. The retiring CEO \_\_\_\_\_ the reins of the company to her successor during a formal ceremony.
8. \_\_\_\_\_ to the weekend getaway, Mark and his friends made plans for a relaxing beach trip.

**Task 5. Put the verb HAVE in the correct form to fill in the gaps.**

1. They \_\_\_\_\_ (have) their house repainted next week.
2. We \_\_\_\_\_ (have) our car washed at the car wash every Sunday.
3. She \_\_\_\_\_ (have) her room redecorated recently.
4. He \_\_\_\_\_ (have) his hair cut at the salon tomorrow.
5. The company \_\_\_\_\_ (have) a new website designed by a professional team last month.
6. We \_\_\_\_\_ (have) our lunch prepared by a private chef this evening.
7. They \_\_\_\_\_ (have) their documents translated by a certified translator before the meeting started.