

Oral Health



Watch the video and choose the correct answer A or B.

1 Why do you use a mouthwash after flossing and brushing your teeth?

- A** to loosen any debris in your mouth
- B** to rinse out any debris in your mouth

2 Where have most patients got trapped plaque and tartar?

- A** behind the back of their front teeth
- B** behind the back of their back teeth

3 What do disclosing tablets do?

- A** highlight any areas that you didn't brush
- B** highlight areas that you brushed

4 Which parts of your teeth does flossing help you clean?

- A** between your teeth
- B** behind your teeth

5 Which fingers do you use to move the floss up and down?

- A** the middle fingers
- B** the thumbs

6 What do gums that are bleeding show?

- A** that they are clean and pink
- B** that there is gum disease