STORY: A SCARY EXPERIENCE

One day, I _____ (go) to the beach with my family. I _____ (play) in the water when suddenly a big wave came and _____ (pull) me under. I _____ (can't) breathe and I started to panic. Luckily, there _____ (be) a life guard on duty who saw what _____ (happen). He quickly _____ (swim) over to me and _____ (help) me to the shore.

The life guard was very dedicated to his job and _____ (know) how to cope with situations like mine. He dealt with the situation calmly and professionally. I was very grateful for his help and _____ (thank) him for saving my life.

After that experience, I _____ (realise) how important it is to have people who stand up for you and take on difficult situations. The life guard was a hero to me and I could relate to his bravery. I also _____ (learn) that it's important to never give up, even in tough* situations.

*tough = difficult