

UNIT 2 – HEALTH (SỨC KHỎE)

ENGLISH 07 PEARSON

TỪ VỰNG 1 • Unit 2 ► Health

1. wake – woke – waken	v	Thức giấc
2. count sb out	v	Trừ ai đó ra
3. sound down	v	Nghe có vẻ buồn, mệt
4. junk food	n	Đồ ăn vặt
5. (have) flu	n	(Bị) cúm
6. get sunburnt =have sunburn	v	Bị cháy nắng
7. take no for an answer	v	Câu trả lời là không
8. accept sth	v	Chấp nhận (cái gì đó)
acceptance	n	Sự chấp nhận
acceptable # unacceptable	adj	Có thể chấp nhận được
9. lose weight # put on weight	v	Sụt cân # Tăng cân
10. have an allergy to sth be allergic to sth	n	Dị ứng với cgd



Điền vào chỗ trống với từ thích hợp để hoàn thành câu

- I have a(n) _____ to seafood. My skin appears lots of red spots whenever I eat shrimps, crabs or mussels.
- Please _____ me _____. I just want to sleep on Sunday.
- Your voice _____. Are you sick?
- Wear jackets and caps when going outside if you don't want to _____.
- You should go on diets to keep a good shape. You should do more exercise to _____.
- Today's weather is perfect for swimming. I will _____ for an answer if you refuse. I'll be there soon. See you there!
- Young teenagers should take up good habits of eating good and healthy food, don't eat much _____ which can cause obesity and high-blood pressure.
- Mom, please _____ me _____ early tomorrow because I have an important test. Thank mom in advance!
- Please confirm your _____ of this offer in writing.
- Staying healthy and keeping fit are good ways for us to avoid getting _____ in the winter.
- Do you _____ his invitation to go to the movie tonight?
- It is not _____ to lie on the couch and watch TV all the time if you want to lose weight. Get out of the sofa, exercise and activate your body more often.
- He is _____ to cats. He keeps sneezing when touching them.
- A:** You are getting fatter. – **B:** Yeap, I keep eating all the time without exercising regularly, so I am putting _____.
- If you don't want to have _____, wear a coat when going out. It's really hot at this time of the year.



Biên soạn và tổng hợp bởi Lê Công Đức



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Learning hard, living happily! | 7

LIVEWORKSHEETS

TỪ VỰNG 2 ● Unit 2 – Health

1. rank sth	v	Xếp hạng cái gì đó
2. advise (sb to do sth)	v	Khuyến ai đó làm cái gì đó
3. (a piece of) advice	n	Một lời khuyên
4. cough	v. n	Ho
5. headache	n	Nhức đầu
6. sore throat	n	Bị đau họng
7. temperature	n	Bị sốt
8. stomachache	n	Đau bao tử, Đau bụng
9. earache	n	Nhức tai
10. weak # strong	adj	Yếu ớt # mạnh mẽ



Điền vào chỗ trống với từ thích hợp để hoàn thành câu

- I went to the doctor to check my ear because I had a(n) _____ yesterday.
- He has _____ and coughed all day. I think he has flu.
- I touched my hand on his forehead and found that he was very hot. He had _____. I asked his parents to take him to hospital immediately.
- I couldn't eat anything because of my _____. It was terrible.
- Peter _____ all night and I couldn't sleep at all.
- Working out at the gym and jogging every morning can help build up _____ muscles and stay in a good shape. Try more!
- I couldn't move my arm. I felt very _____.
- Last night, she drank a lot of beer. When she got up this morning, she recognized that she had a _____.
- This is a good piece of _____ that I have ever heard.
- _____ the problems from the most common to the least common.
- My doctor _____ me to eat more sensibly, get up early in the morning and follow a suitable diet to lose weight.

Điền vào chỗ trống với một từ thích hợp

Hi everyone! I am Lee, a family doctor. This is some of my _____ (12) of advice if you want to stay _____ (13) and fit to study well and live happily. First of all, keep your ears clean to avoid _____ (14). Take a raincoat with you in this season if you don't want to get _____ (15) when getting wet in the rain. Don't eat too full at night. If you keep doing this, you will get _____ (16) soon. When you _____ (17) several days **in a row**¹, use a small cup of ginger and you can see the magic. Don't forget to do more exercise, play more sports, and eat sensibly to be _____ (18).

Thanks for your concerns! See you next time! Have a great weekend!

¹ in a row (phr) – liên tiếp

