

Listen to the recording and fill in with the missing words.

**Doctor:** Good morning, Tim! How are you \_\_\_\_\_ today?

**Tim:** Hi, Doctor. I've been feeling really \_\_\_\_\_ lately, and I've been drinking a lot of \_\_\_\_\_. I also need to go to the \_\_\_\_\_ more often than usual.

**Doctor:** I see. Those are important things to mention. When did you start feeling tired, and how long have you been experiencing these \_\_\_\_\_?

**Tim:** It's been about a few weeks now. At first, I thought I was just tired from school, but it hasn't gone away. And the \_\_\_\_\_ thirst and frequent bathroom visits started around the same time.

**Doctor:** Thank you for sharing that, Tim. It's essential to pay attention to these changes in your body. Sometimes, these symptoms can be signs of \_\_\_\_\_. Have you noticed anything else that feels different or unusual?

**Tim:** Well, I've lost some \_\_\_\_\_ recently, even though I've been \_\_\_\_\_ normally. And sometimes I feel really \_\_\_\_\_, even right after I eat.

**Doctor:** Those are additional signs that can help us understand what's going on. Weight loss despite a \_\_\_\_\_ appetite and persistent \_\_\_\_\_ are also associated with diabetes. It's important not to worry, but we should definitely \_\_\_\_\_ further.

What are the common symptoms of Type 1 diabetes mentioned by Tim?

(More than one answer is allowed)

Fatigue	Muscle weakness
Headaches	Persistent hunger
Dizziness	Frequent urination
Joint pain	Nausea
Increased thirst	Weight loss

What are other symptoms of diabetes type 1? (More than one answer is allowed)

Nausea	Dizziness
Muscle weakness	Joint pain
Blurry vision	Slow healing of cuts and sores
Headaches	Shortness of breath

Which of the following is a characteristic feature of Type 1 diabetes?

- Insulin resistance
- Excessive production of insulin
- Insufficient production of insulin

What is the primary cause of Type 1 diabetes?

- Sedentary lifestyle
- Genetic factors
- Obesity

How is Type 1 diabetes typically managed?

- Oral medications
- Lifestyle modifications only
- Insulin therapy