

Write one of the given words with a correct definition

benefits addictive nutrients soft drinks culprits calories value
pastries contain fast food consume

Definitions:

- a. food that is prepared quickly and sold in restaurants, often with limited nutritional value
- b. having a strong desire or compulsion to repeatedly do or use something, often to the point of harm
- c. advantages or positive outcomes gained from something
- d. a unit of measurement used to indicate the amount of energy in food or drink
- e. non-alcoholic carbonated beverages
- f. to have something inside or as part of something else
- g. to eat or drink something
- h. substances that provide nourishment and are essential for growth and maintenance of life
- i. the worth or usefulness of something
- j. baked goods made with flour, sugar, and fat, such as croissants or danishes
- k. people or things responsible for causing a problem or negative outcome