

## UNIT 4 TEST: KEEPING HEALTHY

Read and choose the correct answer.

1. What's health?
  - a) Health is when our body functions correctly.
  - b) Health is a state of complete physical, mental and social wellbeing.
  - c) Health is when you feel mentally good.
2. The Spanish public health system offers different health services:
  - a) Primary care, hospital care and emergency care services.
  - b) Primary care and emergency care services.
  - c) Secondary care, hospital care and emergency care services
3. Which type of disease can spread?
  - a) Non infectious
  - b) Infectious
  - c) Non infectious and infectious.
4. Which of these are non infectious diseases?
  - a) Flu, coronavirus and pneumonia.
  - b) Fungi, contaminated food and ageing.
  - c) Cancer, accidents and allergies.
5. The stages of infectious disease include...
  - a) the infection, the tiredness and the convalescence.
  - b) the infection, the symptoms and the convalescence.
  - c) the symptoms, the signs and the convalescence.
6. Some medicines, like ..., cure bacterial infections.
  - a) blood tests
  - b) laboratory tests
  - c) antibiotics
7. What's the diagnosis of an illness?
  - a) It's the medical procedure to alliviate, cure and prevent a disease.
  - b) It's the identification of a disease and its cause in order to apply the appropriate treatment.
  - c) It's the treatment we use to cure a disease.

8. Prepare the body to fight against certain infectious diseases.

- a) Painkillers
- b) Surgery
- c) Vaccines

9. To alleviate the symptoms of a disease, we use:

- a) Pain killers.
- b) Antibiotics.
- c) Surgery.
- d) Vaccines.

10. Fever or a stomachache are...

- a) Examples of symptoms of having a disease.
- b) Examples of diseases.
- c) Examples of germs.