UNIT 4 TEST: KEEPING HEALTHY

Read and choose the correct answer.

1. What´s health?

   a) Health is when our body functions correctly.
   b) Health is a state of complete physical, mental and social wellbeing.
   c) Health is when you feel mentally good.

2. The Spanish public health system offers different health services:

   a) Primay care, hospital care and emergency care services.
   b) Primary care and emergency care services.
   c) Secondary care, hospital care and emergency care services

3. Which type of disease can spread?

   a) Non infectious
   b) Infectious
   c) Non infectious and infectious.

4. Which of these are non infectious diseases?

   a) Flu, coronovirus and pneumonia.
   b) Fungi, contaminated food and ageing.
   c) Cancer, accidents and allergies.

5. The stages of infectious disease include...

   a) the infection, the tiredness and the convalescence.
   b) the infection, the symptoms and the convalescence.
   c) the symptoms, the signs and the convalescence.

6. Some medicines, like ..., cure bacterial infections.

   a) blood tests
   b) laboratory tests
   c) antibiotics

7. What´s the diagnosis of an illness?

   a) It´s the medical procedure to alliviate, cure and prevent a disease.
   b) It´s the identification of a disease and its cause in order to apply the appropriate treatment.
   c) It´s the treatment we use to cure a disease.

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8. Prepare the body to fight against certain infectious diseases.

a) Painkillers
b) Surgery
c) Vaccines

9. To alleviate the symptoms of a disease, we use:

a) Pain killers.
b) Antibiotics.
c) Surgery.
d) Vaccines.

10. Fever or a stomachache are...

a) Examples of symptoms of having a disease.
b) Examples of diseases.
c) Examples of germs.

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