

3. Cave divers have to swim _____ through the caves.

A. very carefully

B. very quickly

C. without a light

D. very easily

Part 2 - Decide whether the statements are TRUE (T) or FALSE (F).

1. Free runners mustn't move in towns or cities. →
2. BASE jumpers just jump from mountains and bridges. →
3. Cave divers climb, dive and swim with the help of lights. →
4. It is easy for cave divers to escape from the caves even if their lights break. →

II - Read the passage and answer the following questions.

Employed adults who had no kids under 18 in their houses were far more active than working parents. The employed adults with no young kids did leisure and sports activities for 4.5 hours daily, according to the BLS. This is 1.2 hours more than adults with jobs who also had kids younger than age six at home.

That 4.5 hours included watching sports as well as playing them. It also included recreational activities such as yard games like croquet or horseshoes, as well as activities like billiards and dancing.

What most Americans aren't doing is talking to other people. The socializing and communicating category included talking in person, or going to or leading events, and took up an average of a paltry 39 minutes per day. On weekends, this number was 59 minutes compared to 31 minutes on weekdays.

Watching TV with no human interaction is probably not the America we want to be. When your other responsibilities outside of work are taken care of, instead switch gears and use your free time to relax, reflect and reconnect with others so you can return to work recharged.

1. How long did employed adults with no young kids do leisure and sports activities daily?

2. How long did adults with jobs who had kids younger than six spend on leisure and sports activities daily?

3. What did that 4.5 hours include?

4. How much time do the socializing and communicating category take a day on weekends?

5. What should people do to be able to return to work recharged?
