



## INSTITUTO TECNOLÓGICO DE SONORA

Coordinación d Educación Continua

Área de Idiomas

University English 3

Handout # 7 : Participial adjectives

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Part I. Read all the weekend activities and discuss with your partner which ones sound interesting, challenging, boring, etc. and classify each one of them by using the next words in the correct form of the adjective:** Tire – Thrill – Terrify – Surprise – Shock – Satisfy – Relax – Overwhelm – Interest – Frustrate – Frighten – Exhaust – Excite – Embarrass – Depress – Confuse – Bore – Amuse – Alarm

### 1. Visit your local library.

Not only is a library a warehouse of books, most libraries also have extensive CD and DVD collections you can check out. Many libraries also have “story time” for young children, film nights, book clubs, concerts, author readings or lectures, and many other events that you may be unaware of – completely for free. Stop in and check out what they have to offer.

### 2. Play board games.

We have a pile of board games, mostly received as gifts, that we often pull out and play; our closest friend has a few choice ones as well. Classic games like Monopoly and Pictionary can be great fun, but our favorites are Settlers of Catan, Cartagena, Puerto Rico, and especially Ticket to Ride. Just dig through the recesses of your closet, find an old board game you haven’t played in ages, and bust it open!

### 3. Teach yourself how to knit.

Try making a scarf for a friend or a small blanket for a new baby in the home of a friend or a family member. While it’s not quite free, you’ll learn a useful new skill — and if you stick with it, you’ll make things much more valuable than the input cost of a bit of yarn. Before long, you might even be able to sell your knitwear on Etsy.

### 4. Take some digital photographs.

Take your digital camera out with you and take pictures of anything you find interesting. Take lots of them, then go home later and see if you’ve taken anything beautiful and compelling. Great images can lay the groundwork for homemade greeting cards (yep, keep going downwards for more on this), nice desktop wallpaper, screensavers, personalized gifts, or other interesting uses.

## **5. Start a blog on a topic that interests you.**

You can get a free blog using WordPress or Blogger. Join such a service and start a blog on a topic that interests you. Not only can it be a ton of fun, it also helps you improve your communication skills, reach out to others, and perhaps earn a bit of income down the road as well.

## **6. Have a quilting bee.**

All you need is a bunch of spare cloth (old shirts will even work, as will old curtains, old sheets, and so forth), some needles, thread, scissors, and some friends. Just get together, cut out squares of interesting cloth, and start sewing. You can stuff the inside with soft excess cloth, like t-shirts and such, instead of buying batting, and you'll create a warm and interesting quilt over time.

## **7. Practice origami.**

All you need is some scrap paper and a bit of time. Start with the simple things, like **cranes** and **frogs**, then you can try harder stuff like an **origami iris**. A well-made origami piece constructed from interesting paper can be a beautiful decoration.

## **8. Make a how-to video for YouTube.**

Share your knowledge! All you need is a digital camera that captures video or a smartphone and (optionally) some video editing software. Just create a video to demonstrate how to accomplish something interesting and useful.

Start off by writing a script for yourself, then turn on the camera and follow your script. When you've got a take you're happy with, upload it to YouTube and let others enjoy it. If it's useful and entertaining, the viewers will come.

## **9. Have a film festival.**

Invite some friends over and ask them each to bring one of their favorite DVDs. Then just settle in with some snacks (whatever you have on hand) and burn a lazy afternoon and evening just watching movies together. It's a ton of fun and it doesn't cost anything at all.

## **10. Practice yoga – or try it for the first time.**

All you need is some floor space and a blanket to do most yoga poses. Try out a basic yoga session to see if you like it. It increases flexibility, improves concentration, and holding some of those positions for long periods can be a powerful workout.

## **11. Rearrange the furniture in a room.**

It's amazing how much you can refresh a room just by moving the furniture into new positions. Try moving the couch to a different wall, then moving the entertainment center elsewhere. Take your bed and turn it 90 degrees, then move the dressers to match the new configuration. It can completely refresh the look of the room and give you a good workout to boot.

## 12. Read an entertaining book.

Look around your house for a fun book to read, perhaps something loaned to you by a friend or something you received as a gift, and curl up and let yourself be sucked into the story. I'm a sucker for Stephen King novels – I can just pick up any one and quickly be sucked straight into the plot for a fun afternoon's read.

**Part II. Based on the activities given, plan a whole weekend activities explaining Which ones will you do?, When will you do them?, What time?, Who will you practice the activity with? and justify your choices by describing what you think of the activity and how you will feel if you do it, using participial adjectives.**

*My Weekend*