

## PERFORMANCE ENHANCING DRUGS INTERACTIVE WORKSHEET

**Directions:** Fill in the blanks with the appropriate words to complete the sentences about performance enhancing drugs.

**Word Bank:** addictive, exhaled, nicotine, tobacco, respiratory, smoking, nicotine, smoke, chewing tobacco, mortality

1. Tobacco is a \_\_\_\_\_ product that is derived from the leaves of the Nicotiana plant.
2. The primary psychoactive component of tobacco is \_\_\_\_\_.
3. Smoking tobacco has been linked to various \_\_\_\_\_ diseases, such as lung cancer and heart disease.
4. The \_\_\_\_\_ of tobacco smoke contains thousands of harmful chemicals.
5. Smokeless tobacco products, such as \_\_\_\_\_ and snuff, are also associated with health risks.
6. The addictive nature of tobacco is attributed to the presence of \_\_\_\_\_ in the plant.
7. The process of inhaling and exhaling tobacco smoke is known as \_\_\_\_\_.
8. The \_\_\_\_\_ industry has faced increasing regulation and public scrutiny in recent years.
9. Secondhand smoke refers to the smoke that is \_\_\_\_\_ by a smoker and inhaled by others nearby.
10. The \_\_\_\_\_ rate from tobacco-related diseases remains alarmingly high worldwide.