

Health

Name _____ Date _____

1 Read the definitions and write the type of illnesses. Then write an example of each.

a. They last for a long time. _____:

b. They are caused by accidents, allergies, organ malfunction or poor nutrition. _____:

c. They appear rapidly and do not last for a long time.

_____:

d. They are usually caused by microorganisms.

_____:

e. They are caused by fungi. _____:



2 Match the infectious agents to the infectious illnesses and answer the question.

a. ☐

b. ☐

c. ☐

d. ☐

• Which illness can be treated with antibiotics? _____

3 Read the sentences and tick (✓) the ways of preventing illnesses.

- a. Wash your hands before eating. ☐
- b. Eat lots of hamburgers and chips. ☐
- c. Follow the vaccination calendar. ☐
- d. Sleep less than 8 hours a night. ☐
- e. Practise sports every day ☐



4 Use these words to complete the sentences.

organ transplants vaccines surgery blood transfusions medicines prostheses

- a. _____ can come in many forms, such as creams or pills.
- b. _____ are artificial body parts.
- c. _____ is to treat illnesses that cannot be cured with medicines.
- d. _____ contain the weakened or dead pathogen for a disease.
- e. _____ can be done for heart, kidneys and liver.
- f. _____ are very common during surgery.

5 Read and write *T* (true) or *F* (false).

- a. Drugs can change a person's mood and behaviour
- b. First aid provides basic steps to follow in case of an emergency.
- c. Alcohol and tobacco do not cause dependency.
- d. Accidents always happen outdoors.
- e. When we depend on a particular substance, we have an addiction.
- f. First aid procedures always save a person's life.

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6 Read and complete the sentences.

move call 112 keep check give

- a. In an emergency situation stay calm and _____ if the area is safe.
- b. _____ the victim warm with a blanket.
- c. Do not _____ the victim any medicine.
- d. Don't _____ the victim any medicine.
- e. Look for an adult or _____ for help.

