

Access Health

Unit 4 Vocabulary Matching

Vocabulary Word	Definition
Healthy <input type="checkbox"/>	<input type="checkbox"/> Any food that is not regarded as being helpful to maintaining health.
Unhealthy <input type="checkbox"/>	<input type="checkbox"/> Eating well and being physically active.
Choice <input type="checkbox"/>	<input type="checkbox"/> Part of a plant that has seeds and skin.
Fruits <input type="checkbox"/>	<input type="checkbox"/> Seeds of grassy plants.
Vegetables <input type="checkbox"/>	<input type="checkbox"/> A whitish liquid from a female mammal or as the juice of a coconut; like milk.
Grains <input type="checkbox"/>	<input type="checkbox"/> Picking between two or more possibilities.
Dairy <input type="checkbox"/>	<input type="checkbox"/> Part of the plant that are leaves, stems, roots, or other parts of certain plants.