Access Health
Unit 4 Vocabulary Matching

Vocabulary Word	Definition

Healthy☐

Unhealthy ☐

Choice☐

Fruits ☐

Vegetables ☐

Grains ☐

Dairy ☐

☐ Any food that is not regarded as being helpful to maintaining health.

☐ Eating well and being physically active.

☐Part of a plant that has seeds and skin.

☐Seeds of grassy plants.

☐ A whitish liquid from a female mammal or as the juice of a coconut; like milk.

☐ Picking between two or more possibilities.

☐ Part of the plant that are leaves, stems, roots, or other parts of certain plants.

LIVEWORKSHEETS