

PERFORMANCE ENHANCING DRUGS INTERACTIVE WORKSHEET

Directions: Fill in the blanks with the appropriate words to complete the sentences about performance enhancing drugs.

Word Bank: natural abilities, unethical, addiction, steroids, endurance, anabolic steroids, unfair competition, drug testing, suspensions, performance enhancing drugs

1. PEDs, also known as _____, are substances used to improve athletic performance.
2. The use of PEDs is considered _____ and is prohibited by most sports organizations.
3. Some common types of PEDs include stimulants, hormones, and _____.
4. One of the main risks of using PEDs is _____, which can lead to serious health problems.
5. Athletes who use PEDs may experience increased speed, recovery, and _____.
6. _____ is a popular PED that helps to build muscle mass and improve strength.
7. One way to detect the use of PEDs is through _____, which analyzes urine or blood samples.
8. Many athletes have faced _____ and have been stripped of their titles and medals for using PEDs.
9. The use of PEDs not only violates sports regulations but also promotes _____.
10. It is important for athletes to focus on _____ and proper training techniques instead of relying on PEDs.