Listening – Part 3

1 a. **You will hear five therapists talking about their work. Look at the descriptions of therapies (A-F), underline the key words and say what each one might involve. In pairs, make a list of words related to each one.**

EXAM STRATEGY

- Read the instructions carefully and underline the part that shows what the speakers have in common.
- Read the list A to F and underline the key words you have to listen for.
- Listen for clues in the form of related concepts and paraphrases to match each speaker to the prompts. Do not finalise your answers until you have listened to the whole extract.
- Remember that what you are listening to may contain distracting information.
- When you listen for the second time, check your answers carefully. Remember, there is an extra option you do not need to use.

b. **Listen and match the descriptions of different kinds of therapy (A-F) to the speakers (1-5). There is one extra therapy which you do not need to use.**

A dealing with your problems while listening to music
B relaxing and thinking about your emotions
C explaining your problems to your family
D working out your problems through films
E discussing problems in groups
F expressing feelings through drawings

Speaker 1 ☐ Speaker 4 ☐
Speaker 2 ☐ Speaker 5 ☐
Speaker 3 ☐

c. **Were your initial guesses correct? Which of the words you came up with did you actually hear on the recording?**

LIVEWORKSHEETS