

**Exercise 1: Choose the word whose underlined part is pronounced differently from the others**

- |                    |                      |                   |                     |
|--------------------|----------------------|-------------------|---------------------|
| 1. A. my <u>th</u> | B. cyc <u>l</u> ing  | C. it <u>ch</u> y | D. all <u>er</u> gy |
| 2. A. fl <u>u</u>  | B. sun <u>u</u> burn | C. j <u>u</u> nk  | D. m <u>u</u> ch    |

**Exercise 2: Choose the correct answer**

- Junk foods are high in fat, sodium and sugar, which can lead to \_\_\_\_\_.  
A. fever                      B. allergy                      C. obesity                      D. stomachache
- She stays in \_\_\_\_\_ by exercising daily and eating well.  
A. health                      B. fit                      C. size                      D. shape
- She looks very tired. She should work \_\_\_\_\_ or she will get sick.  
A. well                      B. less                      C. more                      D. enough
- If you want to \_\_\_\_\_ weight, you should follow a low-fat diet.  
A. lose                      B. gain                      C. put on                      D. take
- If you want to stay healthy, eat \_\_\_\_\_ vegetables, whole grains, fruit and fish.  
A. much                      B. fewer                      C. more                      D. less

**Exercise 3: Supply the correct form of the words in brackets**

- Drinking unclean water can cause \_\_\_\_\_. (sick)
- My uncle is a \_\_\_\_\_. He doesn't eat meat or fish. (vegetable)
- I'm \_\_\_\_\_ to shellfish, so I can't eat lobster and shrimp. (allergy)