

Exercise 1: Choose the word whose underlined part is pronounced differently from the others

1. A. myth	B. cycling	C. itchy	D. allergy
2. A. <u>flu</u>	B. <u>sun</u> burn	C. <u>junk</u>	D. <u>much</u>

Exercise 2: Choose the correct answer

1. Junk foods are high in fat, sodium and sugar, which can lead to _____.
A. fever B. allergy C. obesity D. stomachache
2. She stays in _____ by exercising daily and eating well.
A. health B. fit C. size D. shape
3. She looks very tired. She should work _____ or she will get sick.
A. well B. less C. more D. enough
4. If you want to _____ weight, you should follow a low-fat diet.
A. lose B. gain C. put on D. take
5. If you want to stay healthy, eat _____ vegetables, whole grains, fruit and fish.
A. much B. fewer C. more D. less

Exercise 3: Supply the correct form of the words in brackets

1. Drinking unclean water can cause _____. (sick)
2. My uncle is a _____. He doesn't eat meat or fish. (vegetable)
3. I'm _____ to shellfish, so I can't eat lobster and shrimp. (allergy)