

Exercise 1. Make sentences from the words/ phrases given

1. We/ keep/ our bodies/ warm/ avoid/ flu/ a cold.
2. You/ not/ play/ more/ computer games/ free time.
3. Vitamins/ play/ important/ role/ our diet.
4. Getting/ enough/ rest/ help/ you/ concentrate/ school.
5. Doctor/ asking/ Huy/ questions/ about/ health problems.

Exercise 2. Write sentences, using the words given

1. Phong/ eat/ lots of/ junk food/ so/ he/ putting/ weight.
2. I/ exercise/ daily/ because/ I/ want/ stay/ healthy.
3. Sitting/ too/ close/ the TV/ hurt/ your eyes.

Exercise 3. Write sentences, using the words given

1. She/ often/ take/ paracetamol/ if/ she/ get/ bad/ headache.

2. how many calories/ you/ burn/ do/ aerobics/ 2 hours?
3. getting/ enough/ sleep/ help/ students/ do/ their best/ the classroom.