Sports and Exercise

Getting Ready

Match each picture with the correct word.
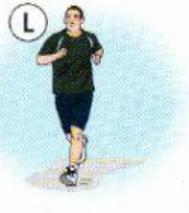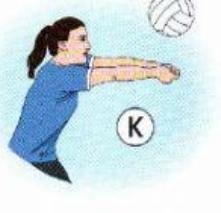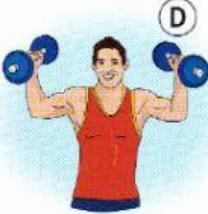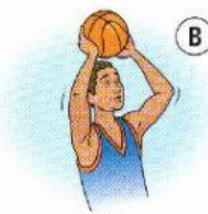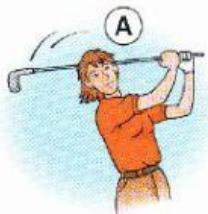
1. windsurf __J__
2. play baseball ___
3. ski ___

4. play golf ___
5. go to a gym ___
6. play tennis ___

7. play basketball ___
8. play volleyball ___
9. swim ___

10. play soccer ___
11. ride a bike ___
12. run ___

CD 1-41))) **Listening 1**

People are talking about sports and exercise. Listen and number the pictures.

A.

B.

C. 1

D.

E.

F.

Vocabulary Worksheet
LIVEWORKSHEETS

))) Listening 2

What sport or activity is the person talking about?
Listen and circle the correct answer.

1. a. swimming
   b. going to the gym
   c. jogging

2. a. playing volleyball
   b. playing golf
   c. playing soccer

3. a. playing baseball
   b. playing soccer
   c. playing tennis

4. a. playing tennis
   b. watching TV
   c. reading

5. a. swimming
   b. jogging
   c. windsurfing

6. a. diving
   b. riding a bicycle
   c. walking
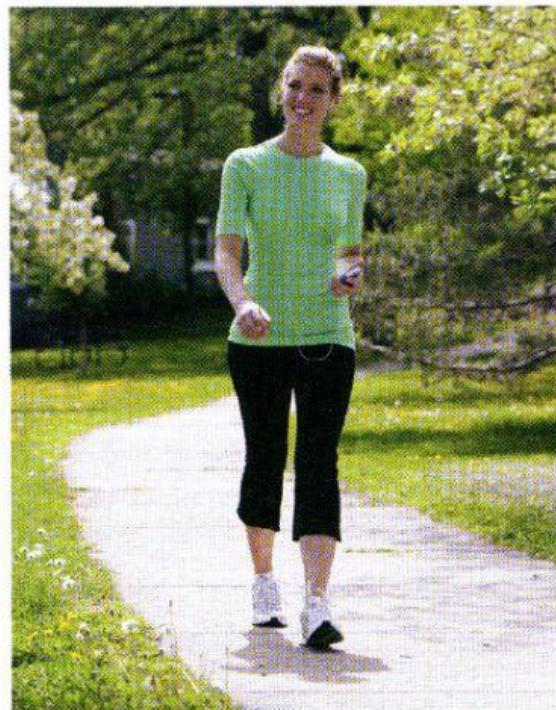
CD 1-42 ▶ Task 2

Listen again. What do you think each person says next?
Circle the correct answer.

1. a. Yes, about three times a week.
   b. Yeah, I'm getting lazy.
   c. Yeah, I'm tired.

2. a. Yeah, I'd love to.
   b. I enjoy skiing.
   c. Yeah, you're right.

3. a. Volleyball is tiring.
   b. Volleyball. It's my favorite.
   c. Tennis is expensive.

4. a. I know, but I'm lazy.
   b. No, thanks. I'm tired.
   c. Yeah, reading is fun.

5. a. It's too hot.
   b. Yeah, I'd love to.
   c. I don't like the cold.

6. a. In the car.
   b. In the morning.
   c. In the park.

LIVEWORKSHEETS

))) Listening 3

▶ Task 1

People are talking about how they spend their free time. Listen and check (✓) the correct information.

	Exercises a lot	Exercises a little	Never exercises
1. Bill	✓	☐	☐
2. Liz	☐	☐	☐
3. Victor	☐	☐	☐
4. Maria	☐	☐	☐
5. David	☐	☐	☐
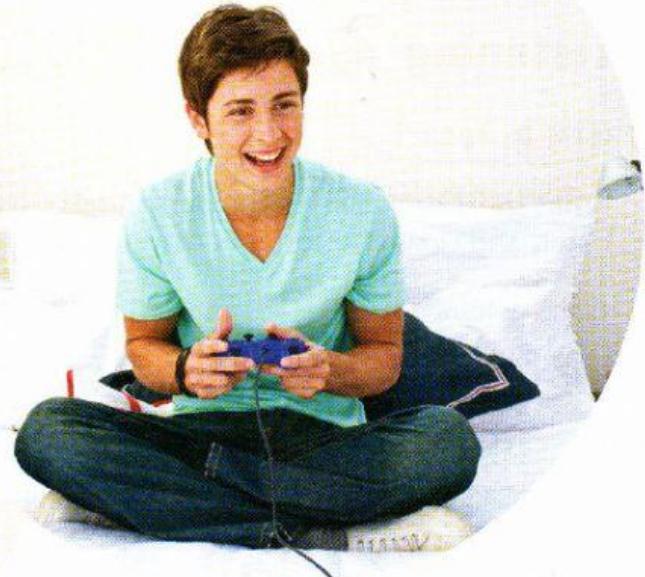
▶ Task 2

Listen again. Match the names on the left with the activities on the right.

1. Bill _c_

2. Liz ___

3. Victor ___

4. Maria ___

5. David ___

a. golfs

b. bicycles

c. plays baseball

d. takes walks

e. plays video games