

## Reading Food Labels Vocabulary

Find the words in the puzzle.

G T K W J D V I T A M I N S H  
N C V D N Q Q Z F H B U V U N  
C A L C I U M S C L A A I G I  
B R E M L J Z N H F R V N A R  
T B H L T N E M O I S L G R O  
K O Y F O B J M L B O A R X N  
W H N X O A W Q E R D B E A I  
X Y U Q I O O C S E I E D C N  
I D T K C E D A T K U L I I I  
I R R T C A D L E X M M E E X  
X A I S Q L Y O R Q D T N C S  
B T T V R E L R O R O H T U F  
X E I B P Y I I L R P R S B W  
N Q O J F R R E P O D H I Y H  
T N N R U S T S S Z Z K D K Z

CALCIUM  
CHOLESTEROL  
INGREDIENTS  
NUTRITION  
SUGAR

CALORIES  
FIBRE  
IRON  
PROTEIN  
VITAMINS

CARBOHYDRATE  
FOOD  
LABEL  
SODIUM